

# **A Guide to Safety and Support Services for Women, Children and Young People Affected by Domestic Violence in Leeds**

**August 2007**

## **Introduction**

This guide was originally researched and designed by the Equal Opportunities Unit of Leeds City Council. Since then it has been regularly reviewed and updated by Leeds Inter- Agency Project. This edition brings together information about the groups and organisations that provide a range of services for women, black women, children and young people experiencing domestic violence in Leeds. It includes only general information about access.

The Leeds Inter-Agency Project (Women & Violence) was established in 1990 to develop a multi-agency approach to improve the safety of women and their children experiencing violence from men they know.

Based within Leeds Community Safety, LIAP is now building on the work undertaken in the city by working with partner organisations to deliver the Leeds Domestic Violence Strategy. Through this strategy LIAP aims to develop a more consistent and co-ordinated response in Leeds for women and their children who experience violence from men they know.

Within the Strategy Domestic violence is defined as: "...the physical, emotional, sexual and psychological abuse of one person by another in a personal or family relationship. The overwhelming majority of domestic violence and the most severe and chronic incidents are perpetrated by men against women partners or ex-partners. Children are often indirectly or directly affected by this violence. The violence involves men's

abuse of power over women and is related to the subordinate social and economic position of women in society. The violence often escalates and has far reaching consequences on the lives of women and children. Violence is universal; women from all backgrounds can experience violence, equally men from any background can be violent. Different groups of women can face additional issues and barriers when seeking help". (Leeds Domestic Violence Strategy, 2004).

In order to deliver the Strategy many Leeds organisations included in this guide have received LIAP training and developed domestic violence action plans in order to provide more appropriate services to women and children as well as deal effectively with perpetrators.

### **Key principles**

Research indicates that women overwhelmingly experience violence from men.

Violence is unacceptable and everyone has a right to live their lives free of violence or threat of violence.

Domestic violence is experienced regardless of race, age, sexuality, culture, religion, social class and disability. Marginalized groups of women can experience additional forms of oppression and additional barriers in accessing the help and support they need.

The safety and protection of those experiencing violence is paramount.

No single agency can address all the needs of women and children experiencing violence, partnership work is essential.

The aim of this guide is to provide information for women, and organisations, in Leeds as part of the citywide response to addressing this serious social and criminal issue. Further copies of the guide, comments on the content and any additions for future editions together with general information should be addressed to:-

### **Leeds Inter-Agency Project (LIAP)**

PO Box 612

Leeds

LS2 7WH

Tel: (0113) 395 2140

Fax: (0113) 395 0825

SMS for hard of hearing or deaf people: 0780 450 7749

E-mail: [liap@leeds.gov.uk](mailto:liap@leeds.gov.uk)

Website: [www.liap.org.uk](http://www.liap.org.uk)

### **How to use this Guide**

This guide can be used to find out the contact details of organisations you are already aware of or it can help you to find different types of help and support where you do not have an agency name:

- Use the Alphabetical Index of Agencies to direct you to the page of an agency you are looking for.
- Use the Types of Support Index if you are looking for particular types of support, for example, housing advice or services to black and minority ethnic women.

## **Additional Information**

The Leeds Domestic Violence Strategy recognises that men and people in same sex relationships can also experience violence from partners. There are currently no specific services for men or same sex couples experiencing violence in Leeds, therefore national contacts have been included under 'Additional Useful National Contacts'.

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# Agency Details in Alphabetical Order.

## **Advocacy Support**

267 Roundhay Road, Leeds LS8 4HS

Telephone: (0113) 235 1877

Assists clients to gain access to Social Services, Community and Health Services.

### **Languages:**

A wide range of languages are spoken including, Urdu, Arabic and Cantonese

### **Access:**

Steps to entrance

## **Age Concern - Advocacy Service**

188A Woodhouse Lane, Leeds LS2 9DX

Telephone: (0113) 245 8579

Advocacy service for people over 60 years old. Contact by telephone or letter. This service is free of charge.

Email: [advocacy@leedssilversurfers.net](mailto:advocacy@leedssilversurfers.net)

### **Languages:**

English. Interpreters can be arranged if necessary.

### **Access:**

Fully accessible.

## **Archway - Housing and Resources for Young People**

95 Roundhay Road, Leeds LS8 5AQ

Telephone: (0113) 383 3900

Email: [arc@archway-leeds.org.uk](mailto:arc@archway-leeds.org.uk)

Works with young people aged 16-25, including single parents, who are living in Leeds and are in need of housing and support to live independently (self-referral or referral by an agency). Housing Support Surgery will operate on a drop in basis, Monday, Tuesday, Thursday and Friday 2.00 - 4.00pm.

### **Languages:**

Urdu, Punjabi, Hindi and Spanish

### **Access:**

Wheelchair access and a lift.

### **Opening hours:**

Mon 10am - 6pm

Tues 10am - 8pm

Thurs 10am - 8pm

Fri 10am - 6pm

### **Other information:**

Other general support and activities provided by Archway include: drop-in centre, free shower and laundry facilities, music studio, men's group and women's group, free internet access, specialist advice and careers workers, counselling service, classes and trips out.

## **Asha Neighbourhood Project**

43 Stratford Street, Leeds LS11 6JG

Telephone: (0113) 270 4600

Fax: (0113) 270 2922

Email: [info@ashaleeds.org.uk](mailto:info@ashaleeds.org.uk)

The centre offers counselling, support, information and referral service for women and children.

### **Languages:**

Bengali, Sylheti and Urdu.

### **Access:**

Ramped access

## **BARCA - Leeds** (Bramley and Rodley Community Action)

Manor House, 259 Upper Town Street, Bramley, Leeds, LS13 3JT.

Telephone: (0113) 255 9582

Fax: 0113 256 5884

Drugs service - Needle exchange, counselling, complementary therapy.

Youth participation - Girl's groups, youth clubs, drop-ins.

Lifelong learning - Bramley pathways to learning, group training re: women's work, information space, detached work.

Contact by telephone or by a personal visit to the centre. There is a drugs service helpline. This service is free of charge.

**Languages:**

English. Interpreters can be arranged if necessary.

**Access:**

An accessible venue can be arranged.

**Barnardo's Futures (Nightstop)**

2 Rokeby Gardens, Headingley, Leeds LS6 3JZ

Telephone: (0113) 275 7314 office (0113) 230 7888 for referrals

**Opening hours:**

5 days a week, 9am-5pm.

Referrals Monday to Friday 9.30am - 9.00pm; Weekend 1pm to 9pm.

Emergency accommodation in homes of volunteer hosts. For young people, without children, aged 16-25 (up to 25 if exceptional circumstances). No self-referrals. Referral via Housing Advice or Social Services.

**Languages:**

A number of European languages

**Access:**

Depends on host. Some accommodation is wheelchair accessible.

**Base 10**

1 Park Square East, Leeds, LS1 2NE

Telephone and fax: (0113) 243 3552

Fax: (0113) 380 0218

Base 10 works in Leeds to reduce the potential harm associated with young people affected by drug or alcohol use. We work with young people aged 18 and under affected by their own drug or alcohol use, or by a family member's drug or alcohol use and also parents and carers of young people affected by drug or alcohol use. Contact by telephone or calling in on Monday - Friday 9am - 5pm. This service is free of charge.

**Languages:**

English. An interpreter for Punjabi or Bengali can be made available if necessary.

**Access:**

Ring to arrange for disabled access.

**Black Health Initiative**

(Formerly known as Black Sexual Health Initiative)

Unit 10, Chapeltown Enterprise Centre,  
231-235 Chapeltown Rd, Leeds LS7 3DX  
Telephone: (0113) 3070300

Emotional and practical support and information on all aspects of wellbeing, reproductive and sexual health, primarily to African and African Caribbean people. Sensitive to culturally appropriate needs, the service is confidential and free. (Self-referral or referral by an agency)

**Languages:**

Swahili, Arabic, Somali and Bari (can also provide interpreters)

**Access:**

Can provide an accessible venue for service user

**Opening hours:**

9.30am - 5pm Monday - Thursday

9.30am - 4pm Friday

**Other information:**

Provide one to one support & self-help groups Work with refugees and asylum seekers. Drugs education, prevention and harm reduction intervention for those who are affected by issues of substance (mis)use.

**Behind Closed Doors**

PO Box 275, Leeds, LS19 9BN

Telephone: 0845 673 0008

Helpline: (0800) 328 2430

Fax: (0113) 391 1910

Email: [info@behind-closed-doors.org.uk](mailto:info@behind-closed-doors.org.uk)

Practical and emotional support to women who have experienced or are experiencing domestic violence in LS16, LS18, LS19, LS20, LS21, LS29. Self referral or referral by agency.

**Languages:**

Interpreters by prior arrangement

**Access:**

By arrangement in accessible venue

**Bridge Project**

c/o NSPCC 232 Stanningley Road, Leeds LS13 3BA  
Telephone: (0113) 217 2200 Fax: (0113) 217 2240

Six month programme for children 7 - 11 who have witnessed or experienced domestic violence but are no longer living in the violent home. Referrals accepted city wide but transport not available. Referrals made via NSPCC.

**British Pregnancy Advisory Service (B.P.A.S.)**

3rd Floor, 7 Eastgate, Leeds LS2 7LY  
Telephone: For appointments/enquiries 0845 730 4030  
Email: info@bpas.org  
Website: www. bpas.org.uk

Abortion services and advice,sterilisation/ vasectomy, emergency contraception, pregnancy tests. Contact by telephone. Fees are charged unless referred under a contract with a Health Authority. This is a non-profit making charity.

**Languages:**

English speaking staff only at the branch. Language Line is accessible if necessary.

**Access:**

Please telephone to arrange access. Lift to 3rd floor then 4 steps to the office.

**Burley Lodge Centre**

42-46 Burley Lodge Road, Leeds LS6 1QF  
Telephone: (0113) 275 4142

Advice Service:(0113) 275 3498  
Counselling Service:(0113) 275 8866  
Website: [www.burleylodge.org.uk](http://www.burleylodge.org.uk)

The centre offers advice, information, counselling and community activities (Free of charge).

**Languages:**

Urdu, Punjabi

**Access:**

Wheelchair accessible. Accessible toilet on ground floor.

**Opening hours:**

Monday to Friday 9am-5pm for Advice Service  
Drop-in sessions Monday 1.00-3.30pm, Tues, 10.00am - 1.00pm, Wed 12.30 - 2.00pm, Thurs 10.00 - 1.00pm.

**Other information:**

Burley Lodge Centre Counselling Service to local people in Burley/Hyde park area, 16+ The service is free and confidential. It has a pool of counsellors who can interpret certain languages if the need arises. Can refer to a woman counsellor if preferred.

**Carr-Gomm**

2nd Floor, 408, Oaktree House, Oakwood Lane, Leeds, LS8 3LG

General office: (0113) 225 8900

Leeds Floating Support Service For Families:

(0113) 225 8912

Email: [info@carr-gomm.org.uk](mailto:info@carr-gomm.org.uk)

Carr-Gomm's Floating Support Service provides housing-related support combined with practical and emotional support to families, including single parents and couples of either or same gender, across Leeds on a weekly basis.

The service is free and accepts self referrals and agency referrals.

**Languages:**

Punjabi, Hindi and Urdu. Interpreters in other languages can be arranged.

**Access:**

Ramped access. Wheelchair accessible toilet and lift.

**Opening hours:**

Monday-Friday, 9am - 5pm.

**Other information:** The service provides practical and emotional support to women who have or are currently experiencing domestic violence. This includes re-housing, resettlement, benefits and debt advice, career advice, informal counselling and advocacy support combined with support in accessing a range of services, for example, health, mental health, education, the police, domestic violence and legal services.

**The CASAC Partnership Limited**

Roundhay Road Resource Centre, 233-237 Roundhay Road, Leeds LS8 4HS

Telephone: (0113) 380 5650

Email: [mail@casac.org.uk](mailto:mail@casac.org.uk)

Website: [www.casac.org.uk](http://www.casac.org.uk)

CASAC-Leeds provides community safety and crime prevention services in partnership with West Yorkshire Police and Leeds City Council. Services include security upgrades, domestic violence packages and education and awareness around burglary reduction. We also operate a register of trades people that we have checked with Trading Standards, the Police and other agencies to provide a reliable source of trades to people needing to undertake maintenance and repair work to their home.

**Opening hours:**

9.00am-5.00pm, Monday to Friday

**Languages:** Translation available on request

**Other information:**

CASAC- Leeds has secured a contract with Leeds City Council to support women who are victims of domestic violence.

**Centre for Deaf People**

Centenary House, North Street, Leeds LS2 8AY

Telephone & Textphone: (0113) 243 8328

Fax: (0113) 243 3553

Email: [info@leedsdeafandblind.org.uk](mailto:info@leedsdeafandblind.org.uk)

Website: [www.leedsdeafandblind.org.uk](http://www.leedsdeafandblind.org.uk)

Informal counselling and support. Woman to woman support available. Self-referral and from agencies.

**Languages:**

British Sign Language.

**Access:**

Level access. Wheelchair accessible toilet.

**Other information:**

Ask to talk to a Social Worker.

Out of hrs emergency number (voice only)

07659 106 595 or (text only) 0776 606 436

**Child and Adolescent Mental Health Outpatients Team**

Telephone: (0113) 392 6103

Different Teams cover different areas of Leeds. Referral by GP. Range of therapeutic services offered including services to children and families who have experienced violence from men they know where it is affecting the child's mental health. Also full mental health assessment.

**Child and Family Resource Unit**

Belmont House, 3-5 Belmont Grove, Leeds LS2 9DE

Telephone: (0113) 392 6103

Therapeutic work with children where domestic violence and abuse has caused concern regarding the children's experiences. Contact usually via a professional working with the client or will consider self referrals.

**Languages:**

English, Czechoslovakian. Interpreting services used by arrangement. This service is free of charge.

**Access:**

There is ground floor access.

## **ChildLine**

Head Office:

45 Folgate Street, London E1 6GL

Telephone: 020 7650 3200

## **Address for Children:**

NATN 1111 London E16BR

## **Helpline:**

0800 1111 (24 hours, everyday)

## **Special Service Helplines:**

0800 884 444 - "The Line"

A special helpline for children living away from home  
(3.30pm - 9.30pm Mon - Fri: 2pm - 8pm Sat & Sun)

08000 400 222 - Textphone (9.30am - 9.30pm Mon - Fri:  
9.30am - 8pm Sat & Sun)

ChildLine Yorkshire & North East: 0870 366 2940  
(General office)

ChildLine provides a confidential phone counselling service for any child with any problems 24 hours a day, everyday. Trained counsellors provide support and advice and refer children in danger to appropriate helping agencies. ChildLine also brings to public attention issues affecting children's welfare rights. ChildLine is the free, national helpline for children and young people in danger and distress.

## **Chiva**

Carr-Gomm, 2nd Floor Oaktree House, Oakwood Lane,  
Leeds LS8 3LG

Tel: (0113) 225 8915

Fax: (0113) 225 0090  
Mob: 07989 510 337  
Email: [chiva@carr-gomm.org.uk](mailto:chiva@carr-gomm.org.uk)

Chiva aims to ensure that children and young people living in vulnerable accommodation have access to support services that will meet their needs. They work with children and young people 0 -19 who are: homeless (living in hostel or dispersed accommodation), living in a women's refuge, runaways, travellers and gypsies, asylum seekers and refugees.

Chiva accepts referrals from a child or young person, a parent or carer, or from an agency.

They can provide support to children and young people from different language backgrounds through:  
Community languages in the team, Language Line or Interpreters

They will ensure access is suitable for disabled children at any delivery venues or seek alternative delivery approaches to match need.

### **Citizen's Advice Bureau (Chapelton)**

Willow House, Cross Francis Street, Leeds LS7 4BZ  
Tel: (0113) 262 9479 (Administration number)  
Email: [bureau@chapeltoncabnet.org.uk](mailto:bureau@chapeltoncabnet.org.uk)  
Website: [www.adviceguide.org.uk](http://www.adviceguide.org.uk)

General advice on legal rights/Welfare Rights/Benefits Advice. Nationality and immigration advice. Debt advice, housing advice etc. A woman advisor on request.

**Languages:**

Punjabi/Urdu/other languages possible

**Access:**

There is level access and a wheelchair accessible toilet.

**Other information:**

This bureau is open Mon, Tues, Thurs and Friday 9.00 - 3.00pm, Wednesday 9.00am - 12noon.

Legal advice sessions on Tuesday evenings 4.30-6.00pm.

Advice at other locations - please ring (0113) 262 2281 for further details.

**Citizen's Advice Bureau (City Centre)**

Westminster Buildings, 31 New York Street, Leeds LS2 7DT

Telephone: 08701 202 450

Email: [admin@leedscab.org.uk](mailto:admin@leedscab.org.uk)

Website: [www.adviceguide.org.uk](http://www.adviceguide.org.uk)

General advice on legal rights, advice on benefits, housing, referrals to solicitors. Women advisors on request.

**Languages:**

Punjabi and Urdu by prior arrangement.

**Access:**

Home visits can be arranged.

**Other information:**

The bureau is open on Mon, Tues, Wed & Fri between 9.30am & 12.30pm, closed Thursday.

Advice sessions are run in many other centres (for details please telephone (0113) 243 3339.

**Citizen's Advice Bureau (Otley & District)**

Courthouse Street, Otley LS21 1BG

Telephone: (01943) 466 976

Fax: (01943) 464 395

Email: [otley.cab@leedscab.org.uk](mailto:otley.cab@leedscab.org.uk)

Website: [www.adviceguide.org.uk](http://www.adviceguide.org.uk)

Advice on housing, debt, benefits, employment, consumer, financial, family and personal, health, education, referral for legal advice.

**Access:**

Level access with a 2cm threshold. Accessible toilet.

**Other information:**

Mon & Tues 9.30am-12.00pm 1.30pm-3.30pm

Thursday 1.30pm-3.30pm

Friday 9.30am-12.00pm

Outreach service 10.00am-12.00pm Tues at Yeadon Town Hall.

**Community Links Northern Ltd**

Regents Court, 39a Harrogate Road, Leeds LS7 3PD

Telephone: (0113) 307 0080

Community Links provides accommodation and support in the community for single people who are homeless or have mental health or substance abuse problems. Support for young people from the age of 16.

Support during evening and weekends if required.  
Contact by self-referral over the telephone or in person.  
Alternatively, an agency can refer.

**Languages:**

Punjabi, Hindi, Urdu or English.

**Access:**

Wheelchair accessible building and wheelchair accessible toilet.

**Other information:**

Community Links have a scheme specifically for black women only. It consists of two self-contained, one-bedroom flats and two self-contained bed-sits. Black women can choose to speak to a black worker or a worker who speaks an Asian language.

Scheme to support elderly people (over 65 years).

**DIAL**

(Disablement Information & Advice Line)

The Mary Thornton Suite, Armley Grange Drive, Leeds LS12 3QH

Telephone: (0113) 214 3630 Text phone: (0113) 214 3627

Email: [dial.leeds@ukgateway.net](mailto:dial.leeds@ukgateway.net)

Information and advice centre offering a free comprehensive, confidential and impartial service. The centre is managed by disabled people. Contact by telephone, text phone, letter, email, or referral by professionals working in other agencies. Personal visits

by appointment only. This service is free of charge.

**Languages:**

English. Interpreting services used for clients who do not speak English.

**Access:**

There is level access & a wheelchair accessible toilet.

**Dog's Trust Freedom Project**

PO Box 186, Leeds LS11 1AL

Telephone: 0800 083 4322

Email: [freedomproject@dogstrust.org.uk](mailto:freedomproject@dogstrust.org.uk)

Web: [www.dogstrustfreedomproject.org.uk](http://www.dogstrustfreedomproject.org.uk)

The Freedom Project is a pet fostering scheme for women fleeing domestic violence in the Yorkshire area. Dogs can temporarily be placed in the home of a volunteer foster carer. Dogs will be reunited with their owner when they are able to have them back. The service is free.

**DOSTI**

Stocks Hill Day Centre, 8 Chapel Lane, Leeds LS12 2DJ

Telephone: (0113) 203 8893

Email: [dostiwss@btconnect.com](mailto:dostiwss@btconnect.com)

Drop-in for Asian women with mental health problems. They offer friendship, discussions, outings, counselling, advice and information. As the service is only used by Asian women, there is a focus on cultural issues. Contact by telephone or in writing. May be referred by a professional e.g. GP or hospital. This service is free of

charge.

**Languages:**

Urdu, Punjabi, Gujerati, Hindi and Bengali. These languages are offered when a worker is present, otherwise a translator can be provided.

**Access:**

The centre is fully accessible.

**Drugs Project @ St Anne's**

66 York Street, Leeds LS9 8AA

Telephone: (0113) 242 1161

Fax: (0113) 241 6887

Email: [drugsproject@st-annes.org.uk](mailto:drugsproject@st-annes.org.uk)

Website: [www.drugsproject.co.uk](http://www.drugsproject.co.uk)

Advice and information on all aspects of harm reduction, counselling, group work, life/social skills, complementary therapies, referral to treatment and needle exchange (available at the project, through outreach and home visits) and referral to other agencies and treatment options. Primarily for 16+ year olds living in Leeds city wide area.

**Access:** Located on the ground floor.

**Other information:**

Satellite sessions, community development, support and training for other organisations.

## **East Leeds Counselling Service**

C/O Ebor Health Matters Resource Centre (Health for All)

179-181 Hazlewood Drive, Leeds LS9 7PS

Telephone: (0113) 248 3399 (answer-phone service)

One-to-one counselling service for all adults living on the Leeds 9 area (check with the service first). The service is free and confidential. Self-referral or referral by an agency. Counselling with a female counsellor can be arranged.

### **Access:**

Ramped access. Wheelchair accessible toilet.

## **Education Welfare Service**

West Park Centre, Leeds LS16 5BE

Telephone: (0113) 274 6711

Support for families to help them overcome obstacles that may prevent the children maintaining regular school attendance. Contact by telephone or in writing via the child's school. This service is free of charge

### **Languages:**

English, Bengali, Punjabi, Urdu.

### **Access:**

There is ground floor access.

## **Genesis**

Oxford Chambers, Oxford Place, Leeds LS1 3AU

Telephone: (0113) 243 0036 Fax: 0113 243 8012

Email: genesis.leeds@btconnect.com

Support and information for working women. A service for women of all ages that are either involved in, at risk of becoming involved in, or wishing to exit prostitution. Genesis has a strong commitment to providing a confidential service based on respect and trust. Personal details are not recorded and information will not be shared without a woman's permission. Information provided on: sexual health, housing, drugs, benefits and debt advice, education and employment and all aspects of safety.

### **Access:**

Wheelchair stair lift. Wheelchair accessible lift.  
Wheelchair accessible toilet.

## **The Grove Housing Team**

Tenant Hall, Blenheim Grove, Leeds LS2 9ET

Telephone: (0113) 368 8888

Email: grovehsg@foundationhousing.org.uk

Provides temporary (not emergency) supported accommodation for 16-25 year old single homeless people, pregnant women and young people with children. Support, advice and practical help in assessing good quality, permanent accommodation. Has some self contained (trainer) flats. Encourages independence by providing support and counselling in life skills.

## **The Haamla Service**

Ante-natal Clinic, Level 4, Gledhow Wing, St James's Hospital

Tel: (0113) 206 5477/(0113) 206 5174

Fax: (0113) 206 6461

Antenatal classes for women from ethnic minority backgrounds (Haamla classes).

Ante/postnatal support, referrals, advocacy, empowerment, breastfeeding etc.

Contact by telephone, possibly via Community/Hospital Midwife. This service is free of charge.

### **Languages:**

Urdu, Punjabi and Bengali. Interpreters are provided for all other languages.

## **HALT Domestic Violence**

Postal address only: PO Box 332, Leeds LS1 3RD

Telephone: (0113) 243 2632 - Advice Line

Textphone: (0113) 243 2632

Practical and emotional support to women who are going to court (civil or criminal) because they have experienced violence from a man they know. Can accompany women to court; give information on civil and criminal legal processes.

### **Languages:**

Punjabi, Urdu and other community languages by prior arrangement.

**Access:** Meetings can be arranged at fully accessible buildings.

## **Harehills and Chapeltown Law Centre**

263 Roundhay Road, Leeds LS8 4HS

Telephone: (0113) 249 1100 appointments/information

Provides a free legal service dealing with housing, welfare rights, immigration, mental health and family law.

### **Languages:**

Interpreters can be arranged.

### **Access:**

Wheelchair access to ground floor. Wheelchair accessible toilet.

## **Harehills Housing Aid**

301 Roundhay Road, Harehills, Leeds LS8 4HT.

Telephone: (0113) 249 2484

Email: harehillshousing@btconnect.com

Advice on options available, specifically on housing, welfare rights, money, immigration. Pregnancy testing. Referral to solicitors.

### **Languages:**

Bengali, Gujerati, Punjabi and Urdu.

### **Access:**

There is ramped access. Accessible toilet.

### **Opening hours:**

Monday, Wednesday - Friday 9.30am - 1.00pm

Other times by appointment

## **Health Access Team**

Telephone: (0113) 295 2740

Fax: (0113) 295 2741

Support for asylum seekers and refugees in accessing health care. Provide initial health assessment and treatment for new asylum seekers; includes TB screening for all asylum seekers arriving in Leeds. Asylum seekers and refugees can access HAT directly or can be referred by GPs, health professionals and other agencies. There are a range of drop-in clinics across the city - telephone for details.

## **Health Visiting Service**

Contact nearest Health Centre for details.

Health Visitors are qualified nurses with a specialist qualification in the primary prevention of health problems for populations, communities, families and individuals.

Health Visitors are accessible to all including women without children and one role is to support and empower women and children who are or have experienced violence. Health Visitors will refer to other agencies on behalf of women and children when requested.

There are Health Visitors who work specifically with ethnic minority communities within Leeds, either by GP, hostel or community attachment. There are local initiatives that are specific to black women i.e. Sahara outreach sessions running alongside child health clinics and community development work.

**Languages:**

Health Visitors have access to all the interpreting services in Leeds. It is policy that interpreters should always be offered and provided. This is often by prior arrangement, although some community child health clinics do have interpreters as standard.

**Access:**

Home visits are available. Any person can access community child health clinics.

**The Hollies Hostel (Women's Hostel)**

Weetwood Lane, Leeds LS16 5NZ

Telephone: (0113) 214 4594

Text phone: (0113) 214 4645

Emergency accommodation for any single homeless woman aged 16+. Self-referral 24 hours a day, phone or text phone, or via the Housing Advice Centre.

This service is free of charge. Provides support for re-housing. Referrals to other agencies.

**Languages:**

Arabic, Hindi, Punjabi and Urdu at times.

**Access:**

Ramped access.

Wheelchair accessible toilet.

Two wheelchair accessible bedsits.

Induction loop.

## **Home-Start Leeds**

Oxford Place Centre, Leeds LS1 3AX

Telephone: (0113) 244 2419

Email: office@home-startleeds.co.uk

Volunteers visit and befriend young families where there is a child under 5 years of age. This is a confidential service. Contact by telephone.

### **Languages:**

English, Punjabi, Swahili, Hindi, Bengali, Gujerati, French, Cantonese and German. These languages are subject to prior arrangement. This service is free of charge.

### **Access:**

Wheelchair accessible lift. Wheelchair stair lift.

Wheelchair accessible toilet.

## **Hooner Kelah**

The Roseville Centre, Gledhow Road, Leeds LS8 5ES

Telephone: (0113) 235 0484

Fax: (0113) 240 8205

### **Courses:**

Childcare CACHE Foundation, Childcare CACHE Level 2 and Computing and Office Skills Accredited training courses for unemployed Minority Ethnic Women who require support in developing skills. All courses are on part time basis. Self-referral or agency referral.

Hooner Kelah also provides Employment and Training Advice to Minority Ethnic women.

**Languages:**

English, Punjabi, Urdu, Hindi

**Access:**

Four steps up to building. Disabled toilet.

Opening hours:

9.00am-5.00pm, Monday to Friday

**Other information:**

Trainees will be given travel allowance and lunch allowance.

**Homelessness Advice and Prevention (HAP)**

Leeds City Council Environments & Neighbourhoods

2 Great George Street, Leeds, LS2 8BA

Telephone: (0113) 247 6919

Email: hap@leeds.gov.uk

Advice on Housing/Accommodation. Access to emergency accommodation. Woman to woman interviews available. Drop in Mon to Fri 9am - 4pm. No appointment needed. Advice to Council tenants, private rented and owner-occupiers. Domestic violence advisor is available.

**Languages:**

Punjabi and Urdu. British Sign Language by prior arrangement

**Access:**

Level access. Wheelchair accessible toilet.

**Other information:**

Out of office hours, for emergency accommodation call Social Services Emergency Duty Team on (0113) 240 9536 and ask them to bleep a Women's Aid Worker.

**Info Space**

Barca - Leeds (Bramley & Rodley Community Action)  
277 Upper Town Street, Bramley, Leeds LS13 3JT  
Telephone: (0113) 290 9005

Free confidential service for young people aged 13-25 in the Bramley/Rodley area.

Free contraception service and free pregnancy testing. Information, listening, advice on any subject. Plus resource room with internet access and Play Station.

**Jewish Women's Aid**

Telephone: Freephone 0800 591 203

Telephone helpline /counselling. Have one refuge in Britain.

**Languages:**

Arabic, French and Hebrew by prior arrangement.

**Opening hours:**

Mon, Wed and Thurs 9.30am-9.30pm.

## **Justice For Women - West Yorkshire**

55 Rathcoole Gardens, London N8 9NE

Telephone: 07930 824 414 or (0113) 262 5101

Email: [info@justiceforwomen.org.uk](mailto:info@justiceforwomen.org.uk)

Web: [www.justiceforwomen.org.uk](http://www.justiceforwomen.org.uk)

A support/campaign group for women who have fought back against or killed their violent male abuser.

Campaigns for changes in the law so that it takes men's violence to women more seriously.

Black women are offered the choice of being supported by black women workers.

## **Leeds Addiction Unit**

19 Springfield Mount, Leeds LS2 9NG

Telephone: (0113) 295 1300

(0113) 2951310 - for appointments

Fax: (0113) 295 1310

Website:[www.lau.org.uk](http://www.lau.org.uk)

Counselling, face to face and telephone support for alcohol and drug addiction.

## **Languages:**

Cantonese, Punjabi, Urdu and Vietnamese by prior arrangement. Interpreting service also available.

## **Access:**

Ramped access. Wheelchair accessible toilet.

## **Other information:**

Open every day - hours vary, telephone for an appointment.

## **Leeds Alcohol & Drug Services**

18 East Parade, Leeds, LS1 2BH

Telephone: (0113) 247 0111

Fax: (0113) 245 8803

Email: leeds@alcoholanddrugservice.org.uk

The services are free and confidential. They provide information and advice, support and counselling. The alcohol service is open to anyone concerned about their drinking. Clients can self-refer or be referred by another agency. The drugs service is available by referral from a Leeds Drug Treatment Service only, and is for clients who are currently stable, on a script or drug free.

## **Leeds Centre for Integrated Living - ASIST (Direct Payments Support Service)**

ASIST, Leeds Centre for Integrated Living

Armley Grange Drive, Leeds LS12 3QH

Telephone: (0113) 2143654 or (0113) 2143598 Minicom

Email: asist@leeds.gov.uk

ASIST provides information and support with all aspects of applying for and using Direct Payments. Most people who are eligible for services from Leeds Social Services (for example, help with personal care) can choose to have a Direct Payment. This is a monthly payment that they use to buy the support they need, which gives them more choice and control over who provides the service and how and when it is provided.

**Languages:**

Information (including a DVD) is available in English, Urdu, Punjabi, Bengali, Cantonese and British Sign Language. Interpreters and British Sign Language Interpreters can be arranged.

**Access:**

Wheelchair access, including unisex toilets. Loop system. Wheelchair accessible transport can be provided. The service can also be provided in people's own homes or at other venues. Information is available on tape, in Braille, Large Print and electronic formats.

**Opening Hours:**

8.30 am - 4.30 pm Monday to Thursday, 8.30 am - 4.00 Friday

**Other Information:**

Can arrange for a female worker to support women

**Leeds Counselling (WPF)**

Leeds Bridge House, Hunslet Road, Leeds LS10 1JN

Telephone & Fax: (0113) 245 0303

Email: [info@leedscounselling.org.uk](mailto:info@leedscounselling.org.uk)

Web: [www.leedscounselling.org.uk](http://www.leedscounselling.org.uk)

Leeds Counselling offers counselling and psychotherapy to people in Leeds and the region.

They aim to provide affordable, high quality counselling to all who need it. Fees are charged on a sliding scale according to income.

**Leeds Crisis Centre**

3 Spring Road, Leeds LS6 1AD

Tel: (0113) 275 5898 10am-10.30pm

Textphone: (0113) 274 8880

SMS Text number - 07891 271514

This service is open Monday-Friday 10am-9.30pm; Saturday and Sunday 11am-7pm. They provide free and confidential face-to-face counselling for people who are experiencing a recent crisis, which has meant a sudden and rapid decline in coping. The counselling is short term, ordinarily between 8 and 16 weeks. All referrals are taken by phone from any involved person. Self-referrals are preferred. When offered the service, people can usually be seen within 2-3 days and there is no waiting list. Counselling is also available for deaf people using British Sign Language.

**Languages:**

Punjabi and Urdu.

**Access:**

Level access. Wheelchair accessible toilet.

**Other information:**

African-Caribbean, Asian, Lesbian and Gay workers. Crèche (limited). Includes support for asylum seekers. Counselling service for deaf people on telephone number (0113) 274 8880

## **Leeds Family Contact**

15 Lavender Walk, Leeds LS9 8TX

Telephone: (0113) 248 4847

Supervised and supported contact in a relaxed and happy environment for non-custodial parents to meet with their children. Contact via Court Welfare, Social Services or self referral, either by telephone or by letter. This service is mostly free, although there is a long waiting list.

### **Languages:**

English.

### **Access:**

Wheelchair access.

## **Leeds Gingerbread - Single Parents Group**

Hope House, 2 The Courtyard, Mabgate, Leeds LS9 7DR.

Tel: (0113) 245 9580

Email: leedsgingerbread@tiscali.co.uk

Support and advice for single parents. Chance to meet other women and children. Fortnightly social group meetings, Sat 2.00pm - 4.00pm. Activities include day trips, camping trips and training.

### **Access:**

Venue is wheelchair accessible. Toilet is not accessible (there is a step up to the disabled toilet).

## **Leeds Housing Concern**

4 Ashbrooke Park, Parkside Lane, Leeds LS11 5SF  
Telephone: (0113) 276 0616

Leeds Housing Concern provides supported housing accommodation to people who have wide-ranging support needs that include mental health issues, substance misuse and abuse.

Specialist add on services include Sahara Black Women's Refuge, Potterdale Day Centre and Community Support Service and a sustained floating support scheme for people who are in danger of losing their tenancies through substance abuse.

### **Languages:**

The organisation has a number of staff that speak various languages. It also subscribes to Language Line and has access to interpreters 24 hours a day.

### **Other information:**

For general information call the c/o telephone number above.

Women's Sector - (0113) 262 4330

Sahara - (0113) 230 5087

## **Leeds Jewish Housing Association**

311 Stonegate Rd, Leeds, LS17 6AZ

Telephone: (0113) 203 4910

Rented accommodation.

## **Leeds Jewish Care Services**

311 Stonegate Rd, Leeds, LS17 6AZ

Telephone: (0113) 218 4211

Emergency/immediate support.

Contact Leeds Jewish Care Services and ask for Children & Family Services.

### **Leeds Mental Health Advocacy Group**

Centenary House, 59 North Street, Leeds LS2 8AY

Telephone: (0113) 247 0449 Fax: (0113) 247 0452

Email: [advocacy@lmhag.org.uk](mailto:advocacy@lmhag.org.uk)

Provides mental health advocacy for people of working age (over 18).

Self-referral or by professionals. There are three mental health advocates (one woman) and two dementia advocates.

### **Languages:**

Language Line can be provided.

### **Access:**

Home visits are arranged.

### **Leeds Metropolitan University Counselling Service**

Room D206, Civic Quarter, Leeds Metropolitan University, Calverley Street, Leeds LS1 3HE

Telephone: (0113) 283 5974

Email: [counselinfo.students@leedsmet.ac.uk](mailto:counselinfo.students@leedsmet.ac.uk)

Website: <http://helpzone.leedsmet.ac.uk/counselling.htm>

Website for open door sessions:

<http://helpzone.leedsmet.ac.uk/opendoorcontacts.htm>

Short-term counselling for students at the university, help with any issues, personal and therapeutic. Telephone to

check Open Door sessions times. This service is free of charge to students of the university.

**Languages:**

English.

**Access:**

Wheelchair accessible.

**Leeds Metropolitan University Student Advice Service**

1st Floor, Students' Union Building, B Block, Civic Quarter, Calverley Street, LEEDS, LS1 3HE (above the met bar and below the gym in B Block)

Telephone: (0113) 209 8408 Fax: (0113) 209 8436

E-mail: [su.studentadvice@leedsmet.ac.uk](mailto:su.studentadvice@leedsmet.ac.uk)

**Opening Hours:** Monday to Friday

10.30am to 1.00pm and 2.00pm to 4.00pm

**Advice Drop In Sessions**

Mondays and Wednesdays

11.00am to 1.00pm

For advice outside these times please contact reception to book an appointment.

**Please note the service is closed on a Thursday**

**Headingley Campus Student Advice Service**

1st Floor Students' Union Building

**Opening Hours:**

Tuesday and Friday

10.30am to 1.00pm and 2.00pm to 4.00pm

## **Advice Drop In Sessions**

Tuesday and Friday

11.00am to 1.00pm

The Headingley Campus service is provided **term time only** Telephone: (0113) 209 8446

Please contact the Civic Quarter service outside of the above opening hours.

[www.leedsmetsu.org.uk](http://www.leedsmetsu.org.uk)

The Leeds met students' union (lmsu) student advice service provides a student centred, independent, free, confidential, generalist advice service staffed by professional advice workers. Staff offer advice, advocacy and representation with the aim of enabling students to decide on the best course of action - whatever the problem.

### **Access:**

Wheelchair accessible

## **Leeds Mind Counselling and Therapy Service**

Grove Villa, 82 Cardigan Road, Leeds LS6 7BJ

Telephone: (0113) 230 7673

Email: [leeds.mind@leedsmind.org.uk](mailto:leeds.mind@leedsmind.org.uk)

Fees negotiable

Self-referral. Telephone or drop-in.

### **Access:**

Wheelchair accessible.

## **Leeds Racial Harassment Project**

Unity Business Centre, 26 Roundhay Road, Leeds LS7 1AB

Telephone: (0113) 293 5100  
Text phone: (0113) 293 5101  
Stop Hate Line 24 hour support in English, Urdu and Punjabi on 0800 138 1625.

Support and assistance to victims of racial harassment.

**Languages:**

Interpreters will be hired if required. These services are free of charge.

**Access:**

Wheelchair accessible, lift and wheelchair accessible toilet.

**Leeds University Welfare Office**

PO Box 157, Leeds LS1 1UH.

Telephone: (0113) 380 1300 Fax: (0113) 380 1301

Email: [advice@luu.leeds.ac.uk](mailto:advice@luu.leeds.ac.uk)

Website: [www.luuonline.com/advice](http://www.luuonline.com/advice)

Advice - legal, housing, financial, advocacy and information, immigration and academic advice.  
Emergency childcare. Referral to Woman's Officer where appropriate for listening service, practical advice.

**Access:**

Wheelchair accessible, lift and wheelchair accessible toilet.

**Opening hours:**

Monday to Friday, 9.30am-4.30pm

**Other information:**

For students and students' wives and families. Provides safety and security information. Free safety bus 5.00pm-3.00am

**Leeds Women's Aid Outreach Services**

PO Box 427, Leeds LS7 1AB

Telephone: (0113) 246 0401 Fax: (0113) 246 8377

Email: [manager@leedswomensaid.org.uk](mailto:manager@leedswomensaid.org.uk)

Offering emergency accommodation for which there is a waiting list. There are three accessible units for which there is also a waiting list. There is a Floating Support worker who can help the woman stay in her own home and make the home safe and offer help with injunctions, court cases etc. A support group for women fleeing/surviving domestic violence in conjunction with the Stop project is offered.

**Languages:**

English. It is possible to arrange to speak to a worker with an understanding of Urdu, Punjabi and Hindi who is available from Monday to Wednesday.

**Drop in Surgeries:**

St James's Hospital Monday 10.30am-12.30pm at Antenatal clinic, Wednesday 9.00am-11.00pm at Accident and Emergency Leeds General Infirmary Monday 1.30pm-3.30pm, Antenatal clinic Wednesday 1.30pm-3.30pm at Antenatal clinic

## **Leeds Women's Aid (Women's Refuge)**

PO Box 427, Leeds LS7 1AB

Telephone: (0113) 246 0401 Fax: : (0113) 246 8377

Email: [manager@leedswomensaid.org.uk](mailto:manager@leedswomensaid.org.uk)

### **Languages:**

Punjabi, Hindi and Urdu.

### **Access:**

One unit has partial access, ground floor unit, accessible toilet and access to kitchen.

Other information: The main refuge is 10 self contained flats, staffed for 24 hours. These are mainly for women with high support needs. There is another refuge for 9 women in shared accommodation and there are 10 dispersed properties around Leeds in local communities.

## **The Market Place**

The Market Place, St Peter's House, Kirkgate, Leeds, LS2 7DJ.

Telephone: (0113) 246 1659

Website: [www.tmpweb.org.uk](http://www.tmpweb.org.uk)

Young person's counselling service. Provides an information, support and one-to-one counselling service to young people aged 13-25 in Leeds, assisting them in making informed decisions about their lives.

Information and support offered on a drop-in basis. Wide range of information available on housing, benefits, health, sexual health, employment and training.

Condoms and free pregnancy and chlamydia testing.

(Please ring first to check it is available)

**Opening hours:**

Drop-in: Mon, 12-4pm, Tues 2-6pm, Wed 10-2pm, Thurs 1-5pm, Fri 12-4pm, Sat 11-3pm

Counselling is by appointment only and offered 6 days a week including some evenings.

**MART - Multi-Agency Response Team**

Telephone: (0113) 383 0269

MART helps to reduce crime, nuisance and anti-social behaviour. Offers emotional and practical support to women and children experiencing domestic violence in the Beeston Hill and Holbeck area.

Service is free and confidential. Self-referral or referral by an agency. Can refer to other agencies for support.

**Languages:**

Punjabi, Urdu, Mirpur.

**Access:**

Meet women in safe environment and can provide accessible venue.

**Opening hours:**

Mon-Fri 9.00am-5.00pm

**Other information:**

Female worker available on (0113) 383 0268, and can also provide culturally appropriate support. Provide one-to-one support, access to women's groups and 'drop ins'. Works closely with local agencies (i.e. Police, Racial Harassment Project and Women's Aid).

## **MAST - Multi-Agency Support Team**

East Leeds Family Learning Centre, Brooklands View,  
Seacroft, Leeds, LS14 6SA

Telephone: (0113) 224 3103

Fax: (0113) 224 3102

MAST are a small team of workers who are based at the East Leeds Family Learning Centre in Seacroft.

The team works with children, their families and schools where there is concern about a child's emotional well being or behaviour - especially when this is affecting the child's school work.

## **Milun Women's Centre**

31 Hilton Road, Leeds LS8 4HB

Telephone: (0113) 237 4150

Email: [themiluncentre@btconnect.com](mailto:themiluncentre@btconnect.com)

This is a social drop in centre for Asian women. Referral to appropriate agencies. Visit drop in centre or telephone on above number for information.

### **Languages:**

Bengali, Punjabi, Urdu and Hindi.

### **Access:**

There is level access but the centre is not wheelchair accessible as the corridor is too narrow.

### **Other information:**

Social drop in & education centre for Asian women.

## **NHS Direct**

Telephone: 0845 4647

NHS health information service. Has information on local and national support groups, rare and common conditions, waiting times and health services across the region. They will discuss your concerns; explain medical conditions and procedures including your rights under mental health acts. They do not diagnose - they refer to a GP or other professionals and support groups.

### **Opening hours:**

24 hours a day, 7 days a week.

## **The Headrow NHS Walk-In Centre**

Unit B25, The Light, Leeds, LS1 8TL

Telephone: 0870 818 0003

Email: [info@netcare.co.uk](mailto:info@netcare.co.uk)

Website: [www.netcareuk/walkincentres](http://www.netcareuk/walkincentres)

Can treat: minor illnesses and injuries, headaches, coughs, colds and flu-like symptoms. Skin complaints, muscle and joint injuries. Can provide information on: maintaining a healthy lifestyle and local healthcare services.

## **Nightline**

Nightline, Leeds University Union, PO Box 157, Leeds, LS1 1UH

Telephone: (0113) 380 1383

Website: <http://www.luuonline.com/nightline>

Nightline is a confidential telephone information and support service run by students for students. Offers non-directive, non-judgemental listening and aims to provide information on any subject.

## **Opening hours:**

Lines open 8.00pm-8.00am every night of term, to all students at college or university in Leeds. The numbers are on student cards.

## **Nowell Court Project (Women's Hostel)**

30-53 Nowell Court, Off Nowell View, Leeds LS9 6TW

Tel: (0113) 248 4888

Email: [corporate.services@connecthousing.org.uk](mailto:corporate.services@connecthousing.org.uk)

Supported accommodation for women with children. Contact by telephone, in person or through Housing Advice, Social Services, Probation or other agencies. Tenants pay rent. If the tenant is on Income Support, the major part of the rent is paid by housing benefit.

## **Languages:**

English, Asian Languages, Chinese.

## **Access:**

Wheelchair accessible. One flat is converted for wheelchair access.

## **NSPCC**

The Family Support Team, 232 Stanningley Road, Leeds LS13 3BA

Telephone: (0113) 217 2200 Fax: (0113) 217 2240

NSPCC Child Protection Helpline: Freephone 0808 800 5000

Team of Children's services practitioners who offer a family support service to parents and children who have experienced abuse. There is a national child protection telephone helpline open to adults and children. Provides counselling, information and advice to anyone concerned about a child at risk - Freephone 24 hours.

A Bridge group runs for women and children offering therapeutic advice for those affected by domestic violence. Ring for details.

## **Oakdale House**

396-398 Meanwood Road, Leeds LS7 2LP

Tel: (0113) 262 4330, Mon to Fri 9am-5pm

Supported accommodation to women who are homeless or in crisis, suffering violence or harassment. Women 16+ without children. Agency or self-referral.

### **Access:**

Ramped access. Wheelchair accessible toilet, some bedrooms accessible.

### **Other information:**

Not 24 hour care.

## **Refugee Council**

Ground Floor, Hurley House, 1 Dewsbury Road, Leeds  
LS11 5DQ

Telephone: (0113) 244 9404

Advice and referral for refugees and asylum seekers.  
Would have to be a refugee/asylum seeker. Telephone  
to make an appointment or drop in if destitute/homeless.  
This service is free of charge.

### **Languages:**

All languages spoken as a pool of interpreters available.  
Agency staff also speak a wide range of languages  
including: French, Spanish, Albanian, Serbo-Croatian,  
Urdu, Hindu, Punjabi, Basic Russian, German, Greek,  
Turkish.

### **Access:**

Wheelchair accessible.

## **Relate**

Oxford Chambers, Oxford Place, Leeds LS1 3AX

Tel: (0113) 245 2595 Fax: (0113) 242 0049

Email: relate.leeds@virgin.net

Confidential personal, relationship and couple  
counselling service and psychosexual therapy service.  
Phone for appointment.

### **Access:**

4 steps or wheelchair stair lift. Wheelchair accessible lift.  
Wheelchair accessible toilet.

## **Richmond Court (Families Hostel)**

Walter Crescent, Leeds LS9 8NG

Telephone: (0113) 214 3246

Hostel accommodation for homeless families and couples without children. No pets. Contact by referral from The Housing Advice Centre and Emergency Duty Team.

### **Languages:**

Punjabi, Hindi and Urdu. There is a translation service for other languages.

### **Access:**

Wheelchair access can be arranged. Ring with requirements.

## **Sahara Black Women's Refuge**

PO Box 94, Leeds LS3 1DR

Telephone: (0113) 230 5087

This is a black women's refuge run by black women for black women with or without children; and white women with black children experiencing violence. Self-referrals by telephone or via emergency services, other agencies, police, social services. There is a weekly rental charge for accommodation, which may be met by housing benefits for women on low incomes. A children's worker and a therapist are available for women and children staying in the refuge. Outreach, aftercare, sessional day care and advice are free of charge.

### **Languages:**

English, Urdu, and Punjabi. These languages are always

offered. Gujerati, Shonna, Ndebele may be available.

**Access:**

One property has 2 bedrooms and is wheelchair accessible.

**Other information:**

Male children accepted in refuge to age 14

**Samaritans**

93 Clarendon Road, Leeds LS2 9LY

Telephone: (0113) 245 6789 - 24 hour phone line. 0845 790 9090 (Linkline, local rate charge)

Email: [samaritansleeds@aol.com](mailto:samaritansleeds@aol.com)

Website: [www.samaritans.org](http://www.samaritans.org)

Listening and emotional support for anyone who is in crisis, desperate or suicidal. They can also page a Women's Aid worker for a woman caller. This is a confidential service.

Telephones are staffed 24 hours a day, 365 days a year. Advisors can be seen at the offices from 10am - 10pm but all visits should be pre-arranged to ensure staff availability. This service is free of charge.

**Languages:**

Other languages may be available but it is necessary to contact the branches directly to find out if a worker is available.

**Access:**

Ramp and stair lift. Wheelchair accessible toilet.

## **School Nursing Service**

School Nursing Service, Children's Services, Leeds  
Primary Care Trust  
Team Leader, Child Health Dept, Willow House, St  
Mary's Hospital, Greenhill Road, Leeds, LS12 3QE, Tel.  
305 5247

Every mainstream and Special Inclusive Learning Centre (Special School) in Leeds has a named school nurse and the service is accessible by children, young people and their parent/carer via school or local clinic/health centre. Schools nurses have an advocacy role for children/young people and their families, often giving advice to those who have witnessed or experienced violence. School nurses can refer to other agencies on behalf of children/young people and their families and work closely with other agencies to help protect children/young people and have access to all the interpreting services in Leeds.

## **Shantona Women's Centre**

C/o Bangladeshi Community Centre, Roundhay Road,  
Leeds LS8 5AN Telephone: (0113) 249 7120  
Email: admin@shantona.co.uk

Bangladeshi women's project supporting Bangladeshi women, children and young people living in the Harehills and Chapeltown area. Provides emotional and practical support and health, mental health, education and employment, housing, advocacy and benefits. Self-referral or agency referral. Can refer women to other agencies/services for support.

**Languages:**

Bengali, Hindi, Punjabi, and Urdu.

**Access:**

Wheelchair accessible and disabled toilet on ground floor.

**Opening hours:**

Mon to Fri 9.00am-5.30pm

**Other information:**

Home-working club during the week and Sundays  
2.00pm-4.00pm

**Shelter Housing Aid Centre**

52 Wellington Street, Leeds LS1 2EE

Telephone: (0113) 244 2480

Email: leeds@shelter.org.uk

Housing advice and advocacy. Contact by telephone to make an appointment. This service is free of charge.

**Languages:**

English and access to interpretation services as required.

**Access:**

Access by arrangement.

**Social Services Department**

To contact Social Services, please call the contact centre on 0845 125 4113, minicom 0845 127 1113

Email: [onestop@leeds.gov.uk](mailto:onestop@leeds.gov.uk)

If you would prefer to call in to see someone in person, you can visit your local one stop centre, or hospital social work office:

- Armley OSC\*, 2, Stocks Hill Armley LS12 1UQ
- City Centre OSC\*, 2, Great George Street Leeds, LS2 8BA
- Halton Moor OSC\*, Neville Rd Halton Moor, LS15 ONW
- Garforth OSC\*, Council Offices, Main St, Garforth LS25 1DU
- Middleton OSC\* St Georges Centre St George's Rd, LS10 4UZ
- Morley OSC\*, Morley Town Hall, Leeds, LS27 9DY
- Osmondthorpe OSC\*, 81a, Wykebeck Mount, Leeds LS9 ODW
- Otley OSC\*, 8, Boroughgate, Otley, Leeds LS213AH
- Pudsey OSC\*, Pudsey Town Hall, Robin Lane, LS28 7BN
- Rawdon OSC\*, Airborough, Micklefield Hse., New Road Side, LS19 6DF
- Rothwell OSC\*, Civic Buildings, Marsh St, Rothwell, LS26 0AD
- Roundhay Rd 79, Roundhay Road, Leeds LS7 4AA
- Seacroft (North) OSC\* Irford House, Seacroft Cres, LS14 6PA
- Seacroft (South) OSC\*, 93, Moresdale La, Leeds LS14 6GG
- South Leeds OSC\*, Dewsbury Road, 190, Dewsbury Road, LS11 9PF

- Wetherby OSC\*, Council Offs, 24, Westgate, Wetherby LS22 6NL

\* Nearly all of the offices here are one stop centres and are marked 'OSC'. They can help with a range of council services and some have health services in the same building

Leeds General Infirmary, social work office: (0113) 392 6851, 'B' floor, main site, Great George Street, LS1 3EX.

St James's Hospital, social work office: (0113) 206 4391, Medical SW Dept, Beckett St, LS9 7TF.

Mental Health, SW Dept: (0113) 295 4454/5, St Marys House, 1st Floor, S Wing, St Marys Road, Leeds LS7 3JX.

Emergency Duty Team (EDT) (0113) 240 9536

### **South Leeds Health for All**

Tenants Hall, Acre Close, Middleton, Leeds LS10 4 HX

Telephone: (0113) 270 6903

Email: [info@slhfa.org.uk](mailto:info@slhfa.org.uk)

Mutual support groups in Beeston and Middleton for women who are, or who have, experienced violence, health or mental health issues. Free crèche, refreshments, discussions, trips and information. Help with transport available.

### **Languages:**

Interpreters can be provided by prior arrangement.

### **Access:**

Venues are fully wheelchair accessible.

## **St Lukes CARES**

St Luke's CARES, Youth Division, 173a Beeston Road,  
Leeds LS11 6AW

Telephone: (0113) 217 9393

Provides emotional, practical, social and educational support to all young people aged 13-25. This service is free of charge.

### **Language:**

Language support is available to young people's parents in Urdu and Punjabi

### **Other information:**

Young people's health drop-in. Can be contacted on main number. Can refer to other agencies. Connexions Community Access Point.

## **STAR (Surviving Trauma After Rape)**

A free support service for females and males aged 17 and over, offering counselling, emotional and practical support throughout West Yorkshire. We have a case tracking service for those who have reported the incident to the police to make sure clients are kept fully informed of the progress of their case. We also offer support at court.

Helpline: (01924) 298 954 Admin: (01924) 292 361

Email: [star@starproject.vianw.co.uk](mailto:star@starproject.vianw.co.uk)

## **STOP Project (Start Treating Others Positively)**

Suite 14, Munro House, Duke Street, Leeds LS9 8AG.

Telephone: (0113) 244 6007 Fax: (0113) 244 6002

Email: [help@stop-project.fsnet.co.uk](mailto:help@stop-project.fsnet.co.uk)

Web: [stop-project.org.uk](http://stop-project.org.uk)

The Project works with male perpetrators of domestic violence to re-educate them regarding their abusive and/or violent behaviour. We cover physical, verbal, emotional, psychological, sexual, financial and spiritual abuse. There are three separate 2 hour long group sessions per week for male perpetrators.

**Access:**

Disabled access via stair lift up four steps in main reception area, lift to second floor. Disabled toilet has one step before entrance.

**Opening hours:**

Office hours are Monday to Friday 9.15am-4.00pm. Groups are also held outside of these times.

**Other information:**

Referral process: Self referral or agency by telephone.

Support: STOP provides a support group in partnership with Leeds Women's Aid for women who have been victims of domestic violence and abuse.

Women's Anger Management: Two women's anger management groups meet each week.

One to One: One to one counselling is available to any group members providing they continue to attend the perpetrator group sessions. The counselling is available to partners.

Training: Training and ongoing support is offered to support other organisations interested in starting their own perpetrator programme.

## **0 - 16 Support Team (West & North West)**

Armley Moor Health Centre, 95 Town Street, Leeds,  
LS12 3HD  
Tel: (0113) 295 3491

A Tier 2 Child and Adolescent Mental Health Service offering short-term intervention aimed at helping families and young people aged 0-16 to prevent or reduce the impact of behavioural and emotional difficulties. To help parents work through difficulties with children or in family relationships and develop their skills and strengths. Provides information and consultation to other agencies. Offers therapeutic intervention as appropriate to families and young people in West and North West Leeds. Referrals via GP and/or other health professionals. Interpreting services can be arranged.

Also 0-16 Team East/North East, Osmondthorpe One Stop Shop, 81a Wykebeck Mount, Leeds, LS9 0DW Tel. 293 6090 and 0-16 Team South St Georges Building, St Georges Road, Leeds LS10 4UZ, Tel 224 3995.

## **The Palace Youth Project**

90-92 Shepherds Lane, Leeds LS7 4DZ  
Telephone: (0113) 262 0093

Culturally sensitive service, predominantly for black and Asian young people aged 15-25 in Chapeltown and Harehills area.

General advice, substance misuse counselling and general counselling. Referral for employment

development, help with job applications, CV preparation, careers advice, women's advocacy, group work and advice, health education, health workshops, youth clubs.

**Access:**

Wheelchair accessible.

**Together Women Project**

Tenant Hall, Blenheim Grove, Leeds LS2 9ET

Telephone: (0113) 368 8903

Together Women Project works with women offenders and those at risk of offending. It aims to reduce custodial sentences and prevent family breakdown by providing women with access to services and one to one support. Support is tailored to individual needs and can include advice on: accommodation, education and employment, mental and physical health, substance misuse, finances or family and emotional issues.

TWP runs a range of short courses and support groups - helping women to develop new skills, feel less isolated and an opportunity to form new friendships in a safe, women only environment.

**Access:**

Wheelchair accessible.

**Opening hours:**

9.00am - 5.00pm Monday to Friday.

**Touchstone**

2/4 Middleton Crescent, Leeds LS11 6JU

Telephone: (0113) 271 8277

Email: office@touchstone-leeds.co.uk

Support and advice. Provides mental health drop in services, housing service and community support. Sholebroke Housing for young people with mental health issues.

**Access:**

Ramped access only to ground floor. Wheelchair accessible toilet.

**Opening hours:**

Office hours only.

**Touchstone Support Centre**

53-55 Harehills Avenue, Leeds LS7 4EX Tel: (0113) 219 2727

Support for African-Caribbean, Asian and Chinese adults with mental health problems, case management support drop-in at weekends and late nights. Practical and emotional support, advice and advocacy. Social, recreational and educational activities on offer. Trips out. An informal and relaxed setting. Contact by referral from another agency or self-referral.

**Languages:**

Mandarin, Patois, Punjabi, Hindi Cantonese, Hakka and Urdu.

Other languages could be provided for.

**Access:**

Wheelchair access by arrangement.

**Travellers' Education Service**

Telephone: (0113) 274 8050 Fax: (0113) 2750445

Confidential advice. Referral option of support within Travellers Community.

**Access:**

Accessible venue.

**Opening hours:**

As per the school calendar.

**Other information:**

Can offer home visits.

**Unity Housing Association**

113-115 Chapeltown Road, Leeds LS7 3HY

Tel: (0113) 200 7700

Email: uha@unityha.co.uk

Housing to rent. This is a Black and Minority Ethnic registered social landlord whose primary aim is to make a positive difference to the lives of black and minority groups.

**Languages:**

Gujerati, Hindi, Punjabi, Urdu and English.

**Access:**

There is ground floor access.

## **Victim Support Leeds**

Kirkgate Chambers, Kirkgate, Leeds LS2 7HH

Telephone: (0113) 395 1260 Fax: (0113) 242 5288

Practical and emotional support to victims of crime.

Information and referral.

Support from a woman if requested.

Telephone or make an appointment. Hate incident report centre.

### **Languages:**

Interpreter by prior arrangement.

### **Access:**

Wheelchair access via Community Safety Office on Vicar Lane.

### **Other information:**

Home visits available.

## **Welfare Rights Unit**

Welfare Rights Unit, 116 York Road, Leeds, LS9 9AA.

Telephone & Minicom: (0113) 214 9006

Email: [welfare.rights@leeds.gov.uk](mailto:welfare.rights@leeds.gov.uk)

For information on all benefits - from the council, the Government, and others. If you are unsure what benefits to claim, or need help filling forms in, they will help.

Surgeries held at local One Stop Centres throughout the city, advice can also be given over the telephone or by email, home visits can also be arranged.

**Languages:** Interpreters can be arranged as requested

## **West Indian Family Counselling Service**

Roscoe Methodist Church, Francis Street, Leeds LS7  
4BY

Telephone: (0113) 262 5131

Counselling and referral. Telephone counselling or face to face. A woman counsellor can be arranged, telephone the above number to arrange.

### **Access:**

There is level access and a wheelchair accessible toilet.

## **West Yorkshire Police**

In an emergency phone 999

Non-emergencies phone 0845 6060606

Domestic Violence Co-ordinators for Leeds

Telephone: 0845 6060606 Textphone:18001 0845  
6060606

## **Willow Young Carers Project**

75a Stoney Rock Lane, Burmantofts Leeds LS9 7TB Tel:  
(0113) 240 8368

Fax: (0113) 2409113

Email: willow@barnardos.org.uk

Support service for children and young people aged 5-18 years close to someone experiencing mental health problem, serious illness or disability. Works alongside children and their families to determine appropriate support. Practical support, information, advocacy, recreational, leisure activities, peer support.

## **Women's Counselling and Therapy Service**

3rd Floor, Oxford Chambers, Oxford Place, Leeds LS1  
3AX

Tel: (0113) 245 5725 Fax: (0113) 242 9148

Email: [info@womenstherapyleeds.org.uk](mailto:info@womenstherapyleeds.org.uk)

Website: [www.womenstherapyleeds.org.uk](http://www.womenstherapyleeds.org.uk)

Counselling and therapy. Group work and one to one.  
Only women. Telephone to go on waiting list.  
Contribution system, £1 - £20.

### **Access:**

Wheelchair accessible lift. Wheelchair accessible toilet in building.

### **Other information:**

Appointments only.

## **Women's Health Matters**

Bridge House, Balm Road, Leeds LS10 2TP

Telephone: (0113) 276 2851

Email: [admin@womenshealthmatters.org.uk](mailto:admin@womenshealthmatters.org.uk)

Information and short-term support. Support in going to hospital/doctors. Advice on healthcare. Free pregnancy testing. Referral for counselling and accommodation. Drop-ins in different areas - also telephone enquiries.

### **Languages:**

Bengali, Hindi, Punjabi and Urdu by prior arrangement.

### **Access:**

Office and drop-ins are accessible.

**Opening hours:**

Office open 9.00am-5.00pm, Monday to Friday

**Other information:**

Asian worker for Asian women can speak Urdu, Punjabi and Hindi. Some health information available in different languages. A weekly support and education group for women who have experienced violence from men they know or women who are supporting others in that situation. A weekly girls group for 13 yrs and over in Gipton. Activities for women who are asylum seekers and refugees in Holbeck. A weekly group for young mums and pregnant women. One to one support for young women (under 20) who are pregnant or have a baby or think they might be pregnant. A volunteer training project. A counselling project in West Leeds. Asian women's groups in Harehills and Beeston. Disabled women's groups. Training and support for local women's pregnancy testing schemes. Telephone enquiry line for issues related to women's health and wellbeing.

**Work and Pensions (Social Security)**

Benefits Advice:

Telephone: (0113) 214 8000

Email: [welfare.benefits@leeds.gov.uk](mailto:welfare.benefits@leeds.gov.uk)

They will advise you about your entitlement, where to go and what documents are needed. For other languages they will use Language Line to connect you to an interpreter.

**Disabled Women:**

There is a specific line for advice on benefits for disabled people.

**Benefits Enquiry Line:**

0800 882 200, Monday, Tuesday, Thursday, Friday  
8.45am-5.00pm & Wednesday 10.00am-5.00pm

**Form Completion Line:**

0800 441 144 - for disabled people and/or carers who wish to claim disablement benefits there is a 'Form Completion Line' so you can fill in forms over the telephone, Monday to Friday, 8.30am-6.30pm, Saturday, 9am-1pm.

**Young Adult Team**

Willow House, St Mary's Hospital, Greenhill Road, Leeds  
LS12 3QE

Telephone: (0113) 305 5388 Fax: (0113) 305 5389

Email: leeds.yat@nhs.uk

Website: [www.leedsyat.nhs.uk](http://www.leedsyat.nhs.uk)

Provides advice, support and therapy to enable people to achieve their maximum potential and assume more control over their health and social care. Offers a service to young physically disabled people aged 16-25.

**Languages:** Use of Leeds Language Link interpreters available. Documents available in a range of languages and symbols, as required.

**Access:** Wheelchair access or team will travel to venues across Leeds to facilitate access. Taxi service available for eligible users of the service.

## **Young Minds**

48-50 St John Street, London, EC1M 4DG

Telephone: 0207 336 8445 Fax: 0207 336 8446

Parents Info service: 0800 018 2138

Email: [enquiries@youngminds.org.uk](mailto:enquiries@youngminds.org.uk)

Web: [www.youngminds.org.uk](http://www.youngminds.org.uk)

Works to promote greater understanding of the mental health and emotional needs of children, young people and their families. Young Minds Telephone Service offers information and advice to parents and professionals concerned about a child or young person.

## **Youth Point**

145-149 Cardigan Road, Leeds LS6 1LJ

Telephone: (0113) 274 9959

Email: [youthpoint@cardigancentre.org.uk](mailto:youthpoint@cardigancentre.org.uk)

Information and for young people aged 13-25.

Self-referral or agency referral. Teenage pregnancy support. C-card and free pregnancy tests. Counselling service for young people also offered.

### **Access:**

Wheelchair accessible. Wheelchair accessible toilet.

## **Additional Useful National Contacts and Information**

### **National Domestic Violence Helpline**

**Freephone 24 hours - 0808 2000 247**

### **Broken Rainbow**

Helpline 08452 60 44 60

[www.broken-rainbow.org.uk](http://www.broken-rainbow.org.uk)

Support for lesbian, gay, bisexual and transgender (LGBT) people experiencing domestic violence.

### **M.A.L.E.**

Men's advice line and enquiries

c/o AHIMSA, 6 Victoria Place, Millbay Road, Plymouth,  
PL1 3LP

Helpline: 0808 801 0327

Email: [info@mensadviceline.org.uk](mailto:info@mensadviceline.org.uk)

The MALE helpline provides a range of services aimed primarily at men experiencing domestic violence. They provide emotional and practical support and sign-posting to local services. MALE also provides services to professionals and gives advice and training on best practice when working with men experiencing violence.

### **Respect**

1st Floor, Downstream Building, 1 London Bridge,  
London SE1 9BG

Telephone: 0845 122 8609

Email: [phoneline@respect.uk.net](mailto:phoneline@respect.uk.net)

SMS text: 07624 818 326

Web: [www.respect.uk.net](http://www.respect.uk.net)

The Respect Phonenumber is for both perpetrators of domestic violence and those at risk. The primary concern is for the safety of those experiencing violence. For perpetrators who ring they will encourage and motivate them to get help to stop their violence; signpost to local perpetrator programmes; give clear unequivocal messages about domestic violence. For those at risk they will provide information about local perpetrator programmes and how they work. This is not a support helpline, those in need of emotional support will be signposted to national domestic violence helplines.

### **Women's Aid Federation England (WAFE)**

The national charity working to end violence against women and children.

Web: [www.womensaid.org.uk](http://www.womensaid.org.uk)

### **The Hideout**

First national website for children witnessing / experiencing domestic violence.

Web: [www.thehideout.org.uk](http://www.thehideout.org.uk)

## **Types of Support Index**

### **Practical Advice and Counselling**

Advocacy Support

Telephone: (0113) 235 1877

Age Concern - Advocacy Service

Telephone: (0113) 245 8579

Archway - Housing and Resource Centre for Young People

Telephone: (0113) 383 3900

Asha Neighbourhood Project

Telephone: (0113) 270 4600

BARCA (Bramley and Rodley Community Action)

Telephone: (0113) 255 9582

Base 10

Telephone: (0113) 243 3552

British Pregnancy Advisory Service (B.P.A.S.)

Telephone: 0845 730 4030

Burley Lodge Centre

Telephone: (0113) 275 4142

CASAC Partnership Ltd

Telephone: (0113) 380 5640

Centre for Deaf People

Telephone: (0113) 243 8328

Child & Family Resource Unit

Telephone: (0113) 392 6103

ChildLine

Telephone: (0113) 244 4004 - General Office

CHIVA

Telephone: (0113) 225 8915

Citizen's Advice Bureau (Chapelton)  
Telephone: (0113) 262 9479

Citizen's Advice Bureau (City Centre)  
Telephone: 08701 202 450

Citizen's Advice Bureau (Otley)  
Telephone: (01943) 466 976

DIAL (Disablement Information and Advice Line)  
Telephone: (0113) 214 3630 Textphone: (0113) 214 3627

Dog's Trust Freedom Project  
Telephone: 0800 083 4322

Drugs Project @ St Anne's  
Telephone: (0113) 242 1161

East Leeds Counselling Service  
Telephone: (0113) 248 3399

Education Welfare Service  
Telephone: (0113) 274 6711

Genesis  
Telephone: (0113) 243 0036 or (0113) 245 0915

HALT Domestic Violence  
Telephone: (0113) 243 2632 Textphone: (0113) 243 2632

Harehills and Chapelton Law Centre  
Telephone: (0113) 249 1100

Harehills Housing Aid  
Telephone: (0113) 249 2484

Home Start Leeds  
Telephone: (0113) 244 2419

Info Space (BARCA)  
Telephone: (0113) 290 9005

Jewish Women's Aid  
Telephone: 0800 591 203

Justice For Women - West Yorkshire  
Telephone: (0113) 262 0293 or (0113) 226 8863

Leeds Alcohol and Drugs Service  
Telephone: (0113) 247 0111

Leeds Centre for Integrated Living (ASIST)  
Telephone: (0113) 214 3597 or (0113) 214 3594

Leeds Counselling  
Telephone: (0113)

Leeds Crisis Centre  
Telephone: (0113) 275 5898 Textphone: (0113) 274 5801

Leeds Family Contact  
Telephone: (0113) 248 4847

Leeds Gingerbread  
Telephone: (0113) 245 9580

Leeds Jewish Care Services  
Telephone: (0113) 218 4211

Leeds Metropolitan University Counselling Service  
Telephone: (0113) 283 5974 Textphone: (0113) 283 5971

Leeds Metropolitan University Student Advice Service  
Telephone: (0113) 209 8408 - City Campus  
(0113) 209 8466 - Beckett Park Campus

Leeds Mind Counselling and Therapy Service  
Telephone: (0113) 230 7673

Leeds Racial Harassment Project  
Telephone: (0113) 293 5100 Textphone: (0113) 293 5101

Leeds University Welfare Office  
Telephone: (0113) 380 1300

Leeds Women's Aid Outreach Services  
Telephone: (0113) 246 0401  
Textphone: (0113) 380 4809

Market Place  
Telephone: (0113) 246 1659

MART - Multi-Agency Response Team  
Telephone: (0113) 383 0269

Milun Women's Centre  
Telephone: (0113) 237 4150

Nightline

Telephone: (0113) 380 1383 or (0113) 243 9998

NSPCC

Telephone: (0113) 217 2200

The Palace Youth Project

Telephone: (0113) 262 0093

Relate

Telephone: (0113) 245 2595

Samaritans

Telephone: (0113) 245 6789 Linkline: 0845 790 9090

Shantona Women's Centre

Telephone: (0113) 249 7120

Social Services Department

Telephone: 0845 127 1113 - Call Centre

STAR (Surviving Trauma After Rape)

Telephone: (01924) 292 361

STOP Project

Telephone: (0113) 244 6007

Travellers' Education Service

Telephone: (0113) 274 8050

Victim Support Leeds

Telephone: (0113) 395 1260

Welfare Rights Unit  
Telephone: (0113) 240 5480

West Indian Family Counselling Service  
Telephone: (0113) 262 5131

Women's Counselling and Therapy Service  
Telephone: (0113) 245 5725

Youth Point  
Telephone: (0113) 274 9959

### **Housing Services**

Archway  
Telephone: (0113) 383 3900

Carr-Gomm Society  
Telephone: (0113) 225 8905

Community Links Northern Ltd  
Telephone: (0113) 307 0080

Grove Housing Team  
Telephone: (0113) 368 8888

The Hollies Hostel Women's Hostel  
Telephone: (0113) 214 4594 Textphone: (0113) 214 4645

HAP  
Telephone: (0113) 247 6919

Leeds Housing Concern  
Telephone: (0113) 276 0616

Leeds Jewish Housing Association  
Telephone: (0113) 268 4211

Leeds Women's Aid (Women's Refuge)  
Telephone: (0113) 2460401 Textphone: (0113) 380 4800

Nowell Court Project (Women's Hostel)  
Telephone: (0113) 248 4888

Oakdale House  
Telephone: (0113) 262 4330

Richmond Court  
Telephone: (0113) 214 3246

Sahara Black Women's Refuge  
Telephone: (0113) 230 5087 Textphone: (0113) 234 3094

Shelter Housing Aid Centre  
Telephone: (0113) 244 2480

Unity Housing Association  
Telephone: (0113) 200 7710

## **Health/Mental Health**

BCAT - Black Health Initiative  
Telephone: (0113) 307 0300

British Pregnancy Advisory Service (B.P.A.S.)  
Telephone: 0845 730 4030 (appointments/enquiries)

Burley Lodge Centre  
Telephone: (0113) 275 4142

Community Links Northern Ltd  
Telephone: (0113) 307 0080

DOSTI  
Telephone: (0113) 203 8893

Haamla Service  
Telephone: (0113) 206 5477 or (0113) 206 6392

Health Access Team  
Telephone: (0113) 295 2740

Health Visiting Service  
Telephone: (0113) 295 1160

Leeds Addition Unit  
Telephone: (0113) 295 1340 - Advice Line

Leeds Alcohol & Drugs Service  
Telephone: (0113) 247 0111

Leeds Counselling  
Telephone: (0113) 245 0303

Leeds Crisis Centre  
Telephone: (0113) 275 5898 Textphone: (0113) 274 5801

Leeds Mind Counselling and Therapy Service  
Telephone: (0113) 230 7673

NHS Direct  
Telephone: 0845 4647

NHS Walk-in Centre  
Telephone: 0870 818 0003

Oakdale House  
Telephone: (0113) 262 4330

School Nursing Service  
Telephone: (0113) 305 5263

Shantona Women's Centre  
Telephone: (0113) 249 7120

South Leeds Health For All  
Telephone: (0113) 270 6903

0 - 16 Support Team  
Telephone: (0113) 295 3491

Touchstone  
Telephone: (0113) 271 8277

Touchstone Support Centre  
Telephone: (0113) 219 2727

Willow Young Carers Project  
Telephone: (0113) 277 3010

Women's Counselling and Therapy Service  
Telephone: (0113) 245 5725

Women's Health Matters  
Telephone: (0113) 276 2851

Young Adult Team  
Telephone: (0113) 305 5388

Young Minds  
Telephone: 020 7336 8445

### **Legal Help / Advice**

Citizen's Advice Bureau (Chapelton)  
Telephone: (0113) 262 9479

Citizen's Advice Bureau (City Centre)  
Telephone: 08701 202 450

Citizen's Advice Bureau (Otley & District)  
Telephone: (01943) 466 976

HALT Domestic Violence  
Telephone: (0113) 243 2632 Textphone: (0113) 243 2632

Harehills and Chapelton Law Centre  
Telephone: (0113) 249 1100

Justice for Women - West Yorkshire  
Telephone: (0113) 262 5101

## **Black and Minority Ethnic Agencies**

Advocacy Support

Telephone: (0113) 235 1877

Asha Neighbourhood Project

Telephone: (0113) 270 4600

DOSTI

Telephone: (0113) 279 3836

Harehills Housing Aid

Telephone: (0113) 249 2484

Jewish Women's Aid

Telephone: 0800 591 203

Leeds Jewish Care Services

Telephone: (0113) 218 4211

Leeds Jewish Housing Association

Telephone: (0113) 268 4211

Milun Women's Centre

Telephone: (0113) 237 4150

Refugee Council

Telephone: (0113) 244 9404

Sahara Black Women's Refuge

Telephone: (0113) 230 5087

Shantona Women's Centre

Telephone: (0113) 249 7120

The Palace Youth Project  
Telephone: (0113) 262 0093

Touchstone Support Centre  
Telephone: (0113) 219 2727

Travellers' Education Service  
Telephone: (0113) 274 8050

West Indian Family Counselling  
Telephone: (0113) 262 5131

### **Women-Only Services**

Asha Neighbourhood Project  
Telephone: (0113) 270 4600

Behind Closed Doors  
Telephone: 0845 6730008

HALT Domestic Violence  
Telephone: (0113) 243 2632

DOSTI  
Telephone: (0113) 203 8893

Hollies Women's Hostel  
Telephone: (0113) 214 4594

Jewish Women's Aid  
Telephone: 0800 591 203

Justice for Women - West Yorkshire  
Telephone: (0113) 262 5101

Leeds Women's Aid (Women's Refuge)  
Telephone: (0113) 246 0401

Milun Women's Centre  
Telephone: (0113) 237 4150

Nowell Court Project (Women's Hostel)  
Telephone: (0113) 248 4888

Sahara Black Women's Refuge  
Telephone: (0113) 230 5087

Shantona Women's Centre  
Telephone: (0113) 249 7120

Together Women Project  
Telephone: (0113) 368 8903

Women's Counselling and Therapy Service  
Telephone: (0113) 245 5725

Women's Health Matters  
Telephone: (0113) 276 2851

### **Disabled Women - Access Information**

D.I.A.L. (Disabled Information and Advice Line)  
Voice: (0113) 214 3630  
Text: (0113) 214 3627  
Ramped access/Wheelchair accessible toilet

HALT Domestic Violence  
Voice: (0113) 243 2632  
Text: (0113) 243 2632

Will arrange to meet in accessible venues

Leeds Centre for Integrated Living (ASIST)

Voice: (0113) 214 3597

(0113) 214 3594

Text: (0113) 214 3598

Level access, accessible toilets, can provide transport

Leeds Crisis Centre

Voice: (0113) 275 5898

Level access/wheelchair accessible toilet

Leeds Women's Aid (Women's Refuge)

Voice: (0113) 246 0401

Text: (0113) 380 4800

Can arrange to meet in accessible venues. Accessible units available.

Sahara Black Women's Refuge

Voice: (0113) 230 5087

Text: (0113) 234 3094

Can arrange to meet in accessible venues. One property has 2 bedrooms and is wheelchair accessible.

## **Children and Young People**

Archway (aged 16-25)

Telephone: (0113) 383 3900

Base 10 (aged 21 and under)

Telephone: (0113) 243 3552

Barnardo's Futures (Nightstop)

Telephone: (0113) 275 7314 - Office

(0113) 230 7888 - Referrals

Bridge Project  
Telephone: (0113) 217 2240

Child and Adolescent Mental Health Outpatients Team)  
Telephone: (0113) 392 6103

ChildLine  
Helpline: 0800 1111  
(0113) 244 4004 - General Office

CHIVA  
Telephone: (0113) 225 8915

Community Links Northern Limited (aged 16 upwards)  
Telephone: (0113) 307 0080

Drugs Project @ St Anne's (aged 16+)  
Telephone: (0113) 242 1161

The Grove Housing Team (aged 16-25)  
Telephone: (0113) 368 8888

Info Space (aged 13-25)  
Telephone: (0113) 290 9005

Leeds Housing Concern (aged 16-25)  
Telephone: (0113) 276 0616

The Market Place (aged 13-25)  
Telephone: (0113) 246 1659

MAST  
Telephone: 0113 224 3103

NSPCC

Helpline: 0800 800 500 Office: (0113) 217 2200

The Palace Youth Project (aged 15-25)

Telephone: (0113) 262 0093

St Luke's CARES

Telephone: (0113) 217 9393

School Nursing Service

Telephone: (0113) 305 5263

STAR (Surviving Trauma After Rape) (aged 14 and over)

Helpline: (01924) 298 954 Office: (01924) 292 361

0-16 Support Team

Telephone: (0113) 295 3491

Willow Young Carers Project (Age 5-18)

Telephone: (0113) 277 3010 - 2 days per week

Main Office: (0113) 240 8368

Young Adult Team (aged 16-25)

Telephone: (0113) 305 5388

Young Minds

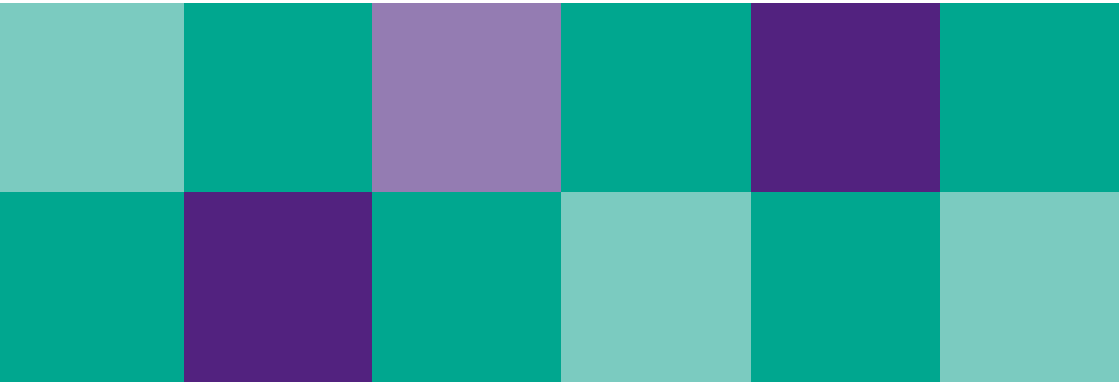
Telephone: 0207 336 8445 Fax: 0207 336 8446

Parents Info service: 0800 018 2138

Youth Point (aged 13-25)

Telephone: (0113) 274 9959

# **Leeds Community Safety 2007**



For further copies of this guide please contact Leeds Inter-Agency Project at:

Leeds Inter-Agency Project (Women & Violence)

Community Safety, PO Box 612,

Leeds

LS2 7WH

Tel: 0113 395 2140 Fax: 0113 395 0825

For Deaf & Hard of Hearing text to: 0780 450 7749

Website: [www.liap.org.uk](http://www.liap.org.uk) Email: [liap@leeds.gov.uk](mailto:liap@leeds.gov.uk)