

## **Public Health Resource Centre Bibliography of SRE Resources**

### **CD ROMS and DVDs**

Title: **Safer sex: an interactive learning resource**

Corporate Author: Contraception Education Ltd

Edition: First edition

Publication info: Glossop: Contraception Education Limited, 2004

Physical description: CD ROM

Summary: A new interactive resource that raises numerous sexual health and relationship issues, including the dis-inhibiting effects of alcohol. It comes with a facilitator's guide which includes activities such as crosswords. It covers issues such as condoms, pregnancy, abortion, gonorrhoea, HIV and Aids, chlamydia, syphilis, genital herpes, genital warts and where to get support for your sexual health

Title: **NPL: Naz project London**

Corporate Author: Naz Project London

Publication info: London: Naz Project, 2007

Physical description: DVD

Summary: DVD produced by the Naz project in London, focusing on issues such as sexually transmitted infections, teenage pregnancy, sexual health, living with HIV, choices and relationships.

Title: **Sex and relationships**

Corporate Author: 4 Ventures Limited

Publication info: 4 Ventures Limited, 2006

Physical description: DVD containing 9 25 minute programmes

Summary: In My Experience - this programme uses the intimacy of video diaries to explore adolescent relationships. Growing Up Gay - this programme takes a lively accessible and sensitive approach to a difficult subject without preaching. More Than Love – this series tells the story of sex, love and relationships as experienced by three young couples over a two week period. Sex, Love and Video Diaries - this programme looks at helping young people to think about choices.

Title: **Sexual responsibility**

Corporate Author: Viewtech

Publication info: Bristol: Viewtech, 2009

Physical description: DVD, 21 minutes

Series Title: (The teen files flipped)

Summary: What are the far-reaching consequences of becoming a teenage father? What does it feel like to be a teenager facing death from AIDS? These are issues two high school students must face in a candid look at the consequences of risky sexual behaviour. The programme is a dose of reality that provides an excellent basis for thought and discussion concerning the hazards inherent in risky sexual behaviour.

Title: **The new guide to relationships and sex: a sex education / PSHE DVD for young people**

Corporate Author: Life support productions

Publication info: London: Life support productions, 2009

Contents Note: DVD with supporting booklet

Summary: Covers 5 main subject areas; growing up; looking after yourself; sex; pregnancy; help and advice.

**Title: The truth about sex**

Corporate Author: Viewtech

Publication info: Bristol: Viewtech, 2006

Physical description: DVD, 35 mins

Series Title: (Teen files)

Summary: This programme forces teenagers to face the hard-hitting realities of having sex too young, including unwanted pregnancies and STIs. Two teenagers discuss the struggles of becoming parents at such a young age, while another young couple face the possibility that they could be pregnant. Also, a group of teenagers participate in a 'mock AIDS test' and Lisa, a 33 year old heterosexual woman with full-blown AIDS shares her story.

**Title: To da G to da U to da M: accessing sexual health services**

Corporate Author: BCAT

Publication info: BCAT, nd

Physical description: DVD (copies 1 and 3) / video (copy 2) + guidance notes, 39pp

Summary: The product of a series of workshops that explored young people's perceptions of sexual health services and the myths and fears that prevent young people accessing them. The material, penned in a rap style, forms the basis for this resource and reflects the multi layered issues affecting young people, particularly young Black people. This resource can be used by Community Development Workers, health professionals, youth workers and teachers and is intended as an exploratory tool to facilitate discussion around sexual health promotion.

**Title: Toothpaste**

Corporate Author: Scenarios USA

Publication info: USA: Scenarios USA, nd

Physical description: DVD, 16 mins

Summary: Film about two girls discussing their ideas on what constitutes a relationship that is healthy enough for sex and it's corresponding responsibilities. The two girls show that they are responsible enough to get protection, but their respective sexual encounters lead to decidedly different results. The film deals with dating, pregnancy prevention, communication, self esteem, friendship and commitment.

**Title: What is love?: what is sex?**

Corporate Author: Human Relations Media

Publication info: Stowmarket: Boulton-hawker Films Ltd, nd

Physical description: DVD , 28 mins

Summary: This DVD, aimed at students aged 12 plus explores questions such as: What is the difference between love and sex? How does a person express love? Is a sexual relationship a necessary part of being 'in love'? How do you maintain your sense of self when you are 'in love'?

**Title: You, your body and sex: the DVD**

Corporate Author: Life Support Productions

Publication info: London: Life Support Productions, 2003

Physical description: DVD and 23p

Summary: This DVD is for use by people with learning disabilities in support of general sex education. Topics covered are: growing up, periods, masturbation, keeping clean, relationships, love and affection, consent and meeting someone, safer sex, condoms, consent and saying no and sex and people's attitudes

**Title: Sex in your city**

Corporate Author: Children Leeds

Publication info: Leeds: The Giggle Group, 2009

Physical description: DVD 41 mins

Summary: This DVD is in three parts. Becoming sexually active deals with concerns facing young people as they prepare to become sexually active. Unplanned pregnancy looks at unplanned pregnancy among young people, stressing the risks of binge drinking and carelessness with contraception. STIs deals with sexually transmitted infections among young people emphasising the prevalence and risk of catching chlamydia.

Title: **Sex: real, honest, nothing held back**

Corporate Author: World Education Media

Publication info: World education media, 2004

Physical description: DVD, 39 mins

Summary: As the title states, everything in this film is real, honest, with nothing held back. All interviewees, whether experts in the field, or students with stories of pregnancy or STIs, are asked to "promise" to be 100% real, honest, and hold nothing back.

Title: **Get your head round it**

Corporate Author: [www.getyourheadroundit.co.uk](http://www.getyourheadroundit.co.uk)

Publication info: getyourheadroundit, 2007

Physical description: DVD and CD ROM

Summary: Short films and lesson plans based around SRE issues including contraception, accessing services and attitudes to sexual health and parenting.

Title: **Growing up: a guide to puberty**

Corporate Author: Bounty

Publication info: Wirral: Uniview, nd

Physical description: DVD, 12.5 mins

Summary: Contents include puberty, changing emotions, social expectations, wet dreams, circumcision, menstruation, management of periods, and hygiene

Title: **Health, protection and informed decision-making**

Corporate Author: Video Education Australasia

Publication info: Stowmarket: Boulton-Hawker Films Ltd, nd

Physical description: DVD (30 mins) with accompanying booklet

Series Title: (Sexuality awareness series no2)

Summary: Suitable for students aged 14 plus, this DVD focuses on a range of issues related to sexual activity in a relationship. It deals with the following topics: Are you ready? , What is sex?, safe sex, STIs, contraception, protecting your reputation, myths about sex, alternatives to sexual intercourse.

Title: **Jason's Private World: Sex education animation/video**

Corporate Author: Life Support Productions

Publication info: London: Life Support Productions, 2009

Physical description: DVD 20 mins and 13p

Contents Note: DVD, handbook

Summary: Sex education DVD for use by men with learning disabilities. Topics covered are: growing up and body changes, self examination, masturbation, personal hygiene, sex, relationships, love and affection, sex and consent within relationships, where to get condoms and advice and sex and people's attitudes. Please see Kylie's Private World for sex education for women

Title: **Kylie's Private World**

Corporate Author: Life Support Productions

Publication info: London: Life Support Productions, 2001

Physical description: DVD 25 mins, handbook 13p

Summary: For use by females with learning disabilities in support of general sex education. Topics covered are: personal hygiene, puberty, periods, sex, relationships, love and affection, consent within relationships, how to use a condom and other relationship issues.

Title: **Life Stuff: the A-Z of love and sex**

Publication info: 4 Ventures, 2004

Physical description: DVD containing six 25 minute episodes

Summary: The A-Z of love and sex is a fast moving unashamedly direct series that answers all those burning questions about love and sex that are far too embarrassing ever to articulate. Upfront, open-minded and straightforward each programme moves through a section of the alphabet as a way in to a range of questions and issues, with views from a variety of participants. From well known experts to young people themselves, the information comes from a wide area of knowledge and experience.

## Games

Title: **Sexplanation!**

Personal Author: Blacke, Fiona

Publication info: Leicester: The National Youth Agency, 2008

Physical description: 1 game (1 board, 2 dice, 8 playing pieces, 30 opinion cards, 95 fact cards) in box 38x27 cm.

Summary: Designed to create a group atmosphere in which individuals are free to ask questions, admit fears and discuss issues more openly.

Title: **Sexplanations 30 seconds game**

Corporate Author: Leeds City Council and Leisure Department Youth Service

Publication info: Leeds City Council: Leeds, 2005

Physical description: Game (including instruction book, 30 second sand timer, 124 sexploitation cards, 10 blank cards for additional words)

Summary: Getting clued up about sexual health needn't be embarrassing. Sexplanations is a factual and fun discussion game that takes the discomfort and humiliation out of asking those difficult questions about sex.

Title: **Between you and me**

Corporate Author: Southern Derbyshire Health Authority

Publication info: Southern Derbyshire Health Authority: Derby, 1997

Physical description: Game

Summary: The 4 booklets focus on the 4 objectives from Curriculum Guidance 5, offering a range of class activities, games & work sessions to explore each in a flexible way

Title: **Building bridges - pack and game**

Corporate Author: Working With Men

Publication info: London: Working with Men, nd

Physical description: 1 game (1 pack, 1 board, 2 large cards, 1 instructions, 1 dice, 10 counters, 240 cards)

Summary: To raise awareness of the importance of good communication skills in sex and relationships. To develop and practise these skills.

Title: **Contraception card game**

Personal Author: Cohen, Julian

Publication info: Liverpool: Healthwise, 1996

Physical description: Game

Summary: A card game which uses fact cards, pictures and good/bad news to teach young people about the range of available contraception methods. The game can be used with up to six people in a group

Title: **Contraception: the board game**

Personal Author: Hastings-Asatourian, Barbara

Publication info: Salford: Contraception Education Limited, 2001

Physical description: Board game, booklet and contraceptive models

Summary: The board game is about Information and choice, and presents a broad range of options from abstinence to abortion, whilst not explicitly promoting either. The game presents the facts, and enables discussion, and also delivers three messages about making choices.

Title: **Contraception: the computer game**

Personal Author: Hastings-Asatourian, Barbara

Publication info: Orkney: Information Plus, 2004

Physical description: CD-ROM

Summary: This computer game is designed for 1-6 players or teams and involves counters moving round a board and landing on squares labelled "Choices", "Risk", "Question", and "Wait here". The aim of the game is to help young people think through the issues, attitudes, values and actions that will ensure safe and satisfying sexual relationships at the appropriate time in their lives.

Title: **Fact or fiction: exploring sexual issues with teens**

Corporate Author: J and B Products

Publication info: Wilsin: J and B Products, 2004

Physical description: 1 game (50 fact or fiction cards, 1 suggestion sheet, 1 answer sheet ): in box: 24x17 cm.

Summary: This series of Fact or Fiction cards allows students to discuss and respond to various statements/myths concerning the male and female reproductive system, sexually transmitted infections, contraception, and pregnancy. The teacher answer key provides factual responses to these statements. Use the cards for general class discussion, small group work, or individual responses.

Title: **It's in the bag: the relationships and sex game**

Corporate Author: Nottinghamshire County Teenage Pregnancy Partnership

Publication info: Nottinghamshire: Nottinghamshire County Teenage

Pregnancy Partnership, nd

Physical description: 1 game (8 counters, 1 board, 1 die, 40 question and answer cards, 40 true or false cards, 40 discuss cards, 40 consequences cards, 20 draw cards): in drawstring bag 45x30cm

Summary: This game intends to combine a mixture of fun and factual questions and discussions: some of the answers may be easy, some more challenging and some are only likely to be answered correctly through a lucky guess.

Title: **Rollercoaster: a pack exploring the ups and downs of puberty**

Corporate Author: Centre for HIV and Sexual Health

Physical description: game (1 dice, 10 counters, 700 cards, 1 guidance notes, 16 boards)

Summary: Rollercoaster is intended to be used as a whole package over a number of lessons, spread over a number of weeks. The contents can either be used in single or mixed gender groups. It has been designed to explain some of the basic physical and biological changes of puberty in an interesting and fun way, in addition to enabling facilitators to explore some of the emotional aspects and changes that may accompany puberty.

## **Models**

Title: **Male and female cloth models**

Corporate Author: Bodysense

Publication info: Worcester: Bodysense, 2005

Physical description: 2 models + notes for users

Summary: These 3D, anatomically correct, half life-size cloth models of an adult male and female have been developed to support professionals responsible for sex and relationships education, counselling and advice for children and young adults - particularly those with learning, sensory and other disabilities including autism spectrum disorders. They can be used to facilitate learning about the adult body, sexual behaviour, and personal and sexual relationships.

ID: **ROSIEANDJIM/2**

Title: **Bed for anatomically correct dolls**

Corporate Author: Leeds Learning Disability Team

Publication info: Leeds: Leeds Learning Disability Team, 2005

Physical description: 36 " x 18"

Summary: A handmade bed which can be used in conjunction with the anatomically correct dolls. Also comes with a pillow and mattress. Can be used to talk about wet dreams to people with learning disabilities

ID: **BED**

Title: **Condom demonstrator: ejaculating, white**

Publication info: Health Edco

Physical description: 1 model + 1 jar of sperm + 1 syringe in carrying case Contents Note: Condom training model, 10" x 5" x 5" (approx), pot of artificial semen, delivery tube, syringe + instructions for operation.

Summary: This model is designed for demonstrating and practising how to put on a condom. It can be made to simulate ejaculation.

ID: **EJACULATING1/2/3/4**

Title: **Condom demonstrator: two-part, brown**

Corporate Author: Durex

Publication info:

Physical description: 1 model (2 pieces) in a box

Summary: Condom demonstrator with detachable base stand. For demonstrating and practising how to put on a condom.

ID: **CONDOMBROWN1/2/3**

Corporate Author: Durex

Title: Condom demonstrator: two-part, white

Publication info: Durex

Physical description: 1 model (2 pieces) in a box

Summary: Condom demonstrator with detachable base stand. For demonstrating and practicing how to put on a condom.

ID: **CONDOMWHITE2/3/4/5/6/8/9/10/11/12/13/14/15/16/17/18**

Title: **Contraceptive implant**

Physical description: model

Summary: Lifelike model of part of the upper arm, which has been fitted with a contraceptive implant.

ID: **IMPLANT**

Title: **Female genitalia and reproductive organs: an anatomically correct 3D model**

Personal Author: Fraser, Jane

Corporate Author: Bodysense

Publication info: Worcester: Bodysense, 2006

Physical description: 3D model

Summary: The female genital model assists teachers, school nurses and health professionals to teach human reproduction, contraception, sexually transmitted infections, pregnancy and childbirth to young people with learning disabilities. In particular, the model assists two-way

communication about sexual matters where verbal communication is limited due to learning difficulty, physical or sensory disability. It also facilitates teaching the use of tampons to girls who have learning disabilities and who are wheelchair users. However, the clarity of the information it provides has made it an innovative resource for young people of all abilities and for use by youth advisory clinics and health promotion units. The model is also an invaluable resource for all schools where there is a need for: visual aids to assist pupils who for a variety of reasons have difficulty with more formal teaching methods and to support more formal teaching methods available to more able pupils.

ID: **VAGINA**

Title: **Guide to contraceptives**

Corporate Author: Health Edco

Publication info: London: Health Edco, 2009

Physical description: model and 2 information boards in carry case 35x40 cm.

Summary: Presenting a variety of contraceptive choices, this display features corresponding hand-painted, 3D models. Covers popular methods along with their advantages, disadvantages and reliability. Includes 2 stand-alone information panels, and an informative reproducible handout.

ID: **CONTRACEPTIVES**

Title: **Wheel of choices**

Corporate Author: Health Edco

Publication info: London: Health Edco, nd

Physical description: 1 game board 20x28in. + 80 category cards

Summary: Wheel of choices explores a range of topics - biology, abstinence, peer pressure, contraception, pregnancy, rape, incest, sexual myths, and the dangers of sexually transmitted infections, including AIDS - while reinforcing, reviewing, and testing students' knowledge of their sexuality using either a competitive or co-operative format.

ID: **WHEELOFCHOICES**

Title: **Translucent female contraceptive model**

Corporate Author: Health Edco

Publication info: Pulborough: Health Edco, 2002

Physical description: model; 3" x 5" x 5"

Summary: Demonstrating the correct use of contraceptives is made easy with this soft BIOLIKE model. The model also allows realistic practice of contraceptive insertion. A small cut-away section on one side of the model exposes the upper end of the vaginal canal, helping students to see why careful placement of a contraceptive device over the cervix is important.

ID: **CONTRACEPTIVE**

Title: **Safer sex display box**

Corporate Author: D and Wp

Publication info: Essex: D and Wp, 2008

Physical description: model in carry case

Summary: Metal carry case containing examples of 14 methods of contraception and 7 STIs all in sealed boxes.

ID: **SAFESEXBOX1/2/3/4**