

# Service Directory

Contact details for services referenced in the teenage pregnancy and parenthood care pathway (December 2009)

Page	Service Name	Tel: Professionals	Tel: Service Users	Email	Website
3	Adoption and Fostering	0113 2474747	0113 2474747	ss.fostering.and.adoption@leeds.gov.uk	
4	Barnardo's Futures	0113 2757314	0113 2757314	bafta.hysenaj@barnardos.org	www.barnardos.org.uk
5	CaSH Clinics				www.leedssexualhealth.com
6	Child Health Team for Looked After Children	To be updated	0113 3055266		
7	Children's Centre Services				www.thefamilyhubleeds.org
8	Children's Social Care	0113 2478615	0113 3055266	lisa.banton@leeds.gov.uk	
9	Citywise	0113 2954820	0113 2954820		www.leedssexualhealth.com
10	Connexions	0113 2262180	0113 2262180	connexions.leeds@prospects.co.uk	www.connexions.gov.uk
11	Connexions Specialist Teenage Pregnancy Pas	See page 8	See page 8		
12	Family Nurse Partnership			lucinda.love@nhsleeds.nhs.uk	
13	Foundation Housing – Grove	0113 3030220	0113 3030220	leeds@foundationhousing.org.uk	www.foundationhousing.org.uk
14	Getaway Girls	0113 2405894	0113 2405894	lianne.dobson@getawaygirls.co.uk or camille.johnson@getawaygirls.co.uk	www.getawaygirls.co.uk
15	Gipsil	0113 2481301	0113 2481301		www.gipsil.org.uk
16	Health Visiting Service				www.leedspsct.nhs.uk/yourhealth
17	Job Centre Plus				See page 13
18	Leeds Housing Options Service	0113 2224412	0113 2224412	housing.options@leeds.gov.uk	
19	Local Pharmacy Scheme				www.leedssexualhealth.com
20	Midwife Direct Access Hotline	07748334007	07748334007		
21	NHS Walk In Centres	0870 8180003	0870 8180003		
22	One Stop Centres			general.enquiries@leeds.gov.uk	See page 19
23	Renew – Archway	0113 3833900	0113 3833900	arc@archway-leeds.org.uk	www.archway-leeds.org.uk
24-25	School Nursing	0113 3055247	See page 22	See page 22	
26	Teenage Pregnancy and Parenthood, Education Leeds	0113 3951214	0113 3951214	carole.gillan@educationleeds.co.uk	
27	Teenage Pregnancy Specialist Midwives Service	07796614116 or 07786250507	07796614116 or 07786250507		
28	The Include Project	0113 2016699	0808 8084444	include@womenshealthmatters.org.uk	www.womenshealthmatters.org.uk
29	The Market Place	0113 2461659	0113 2461659		www.themarketplaceleeds.org.uk
30	Youth Point	0113 2749959 or 0113 2787182	0113 2749959 or 0113 2787182	youthpoint@cardigancentre.co.uk	
31	Youth Service	0113 2243796	See page 5	youthserviceinfo@leeds.gov.uk	www.leeds.gov.uk
32	YSHAG			stacey.robertson@leeds.gov.uk	

## Adoption and Fostering

*Contact details for service users and professionals:*

Leeds City Council

Adoption Services

Merrion House

Leeds LS2 8QB

Tel: 0113 247 4747

[ss.fostering.and.adoption@leeds.gov.uk](mailto:ss.fostering.and.adoption@leeds.gov.uk)

(Office Hours: 8.30am – 5.00pm, Mon – Fri)

*The Service we offer and who we support:*

We are the 2nd largest local authority adoption service in the UK, meeting the adoption needs of around 80 children every year. As an approved adoption agency, we need to secure adoption placements for an increasing number of children, particularly those age 3yrs and above, sibling groups and children of Black and Asian Muslim heritage.

We have an established commitment to prioritising adoption and raising awareness about the importance of securing children's adoption needs. We achieve this via a range of advertising and publicity, locally and regionally. The work of our staff and adopters in Leeds has been featured in local and national media, including a major BBC TV documentary series about the adoption process.

We have established links with other agencies and adoption providers via the Yorkshire Adoption Consortium and take an active part in promoting family finding initiatives via the National Adoption Register and BAAF.

Our comprehensive adoption services are developed and supported by a staff group experienced in advising, preparing and supporting adopters, so you can expect a range of support and advice.

We have an established Post Adoption Support Service, including an Adoption Support staff team providing assistance for Leeds adopters and their children. We also enjoy close links with other organisations, helping to develop and deliver a range of initiatives designed to assist Leeds adoptive families. We also enjoy the support and involvement of experienced Leeds adopters with a great deal of our work.

## Barnardo's Futures

*Contact Details for service users and professionals:*

**Bafta Hysenaj - Boys and Young Men's Sexual Health and Relationship Worker**

**Tel: 0113 2757314**

**Email: [Bafta.hysenaj@barnardos.org.uk](mailto:Bafta.hysenaj@barnardos.org.uk)**

*The Service we offer and who we support:*

**Barnardo's helps young people with a range of issues from drug misuse to disability; youth crime to mental health; sexual abuse to domestic violence.**

**The purpose of the Boys and Young Men's Sexual Health and Relationship Worker's role is to ensure a standardised, consistent and systematic approach to delivering sex and relationship education to vulnerable boys and young men across the city whilst 'skilling up' a number of workers who can take the work forward.**

## CaSH Clinics (Contraception and Sexual Health)

*Contact details for service users and professionals:*

See [www.leedssexualhealth.com](http://www.leedssexualhealth.com) for full details of where young people can access sexual health services in Leeds.

*The Service we offer and who we support:*

STI Testing in Leeds is available in a number of settings to enable you to have a choice of time and location. All STI testing services in Leeds are free and confidential.

The Leeds Centre for Sexual Health is the NHS GUM (Genito-Urinary Medicine) service for Leeds. This is a specialist service for all your sexual health needs. The Centre for Sexual Health is based at Leeds General Infirmary.

If you want more information about sexually transmitted infections and think you may be at risk or have any symptoms, visit [www.condomessentialwear.co.uk](http://www.condomessentialwear.co.uk)

**Leedssexualhealth.com Virtual Drop-in**

If you can't find the information you're looking for on other sections on the website, send [leedssexualhealth.com](http://leedssexualhealth.com) a question and they will do their best to help you get things sorted. No need to go to a clinic – you can access advice, support and information on sexual health issues from the comfort of your own home!

If you would like to talk to someone, or get confidential information and support about any health or relationship issue, you can reach non-judgmental youth workers from Youth Point using our virtual MSN drop in service. It works like an instant messaging service, which means you can have a full conversation with someone using a text box over the internet and the messages can be sent and received immediately.

The virtual drop in service is available for young people between the ages of 13 -19. See [Leedssexualhealth.com](http://Leedssexualhealth.com) for more details.

## Child Health Team for Looked After Children

### *Contact details for service users:*

Armley Moor Health Centre  
Tel: 0113 3055266

### *Contact details for professionals:*

Sexual Health Nurse, Pathway Planning Team  
Tel: **To be updated**

### *The Service we offer and who we support:*

The Child Health team for Looked After Children provides a range of health services to all looked after children and young people up to the age of 18 (and beyond for those with a learning disability). They address the health inequalities experienced by looked after children by providing support to access services such as GP practices and dental care. The team also undertakes statutory health needs assessments to identify unmet needs such as mental health and emotional support.

A good example of the work the team does is ensuring young people receive the immunisations they may have missed at school or have access to sexual health services that meet their needs.

# Children's Centre Services

*Contact details for service users and professionals:*

See [www.thefamilyhubleeds.org](http://www.thefamilyhubleeds.org) to find your nearest children's centre

*The Service we offer and who we support:*

A children's centre can offer the following services for children under five and their families, however not all centres will be delivering all of these services:

## Education and childcare

- Early education and day care for children from 6 months to 5 years
- Minimum of 48 weeks per year. Up to 10 hours per day, 5 days per week (Mon-Fri)
- Lots of family fun and learning opportunities such as stay and play sessions
- Childminder services attached to the centre

## Family support and outreach work

- Support, advice and information for parents aimed at giving children the best possible start in life. This can be provided in your own home or at the centres and is given by qualified family support staff.
- Information on and access to local services for children under five and their families and access to a dedicated under fives outreach worker

## Child and family health services

- Smoking cessation
- Community midwifery
- Health visiting
- Antenatal and postnatal classes
- Breastfeeding and healthy eating

## Links to job centres and training providers

- Advice on entering the workforce
- Basic skills

...and many more service available.

## Children's Social Care

### *Contact details for service users*

For support with sexual health issues contact:  
Child Health team  
Tel: 0113 3055266

### *Contact details for professionals:*

When requesting assessments for sexual health, teenage pregnancy and parenthood support, or staff training contact:  
Lisa Banton – Sexual health Development Officer  
Tel: 0113 2478615  
Email: [lisa.banton@leeds.gov.uk](mailto:lisa.banton@leeds.gov.uk)

### *The Service we offer and who we support:*

Children's Social Care works with partner agencies to prevent 'children in need' becoming 'children at risk'. This is done by supporting their wellbeing and enabling them to achieve the Every Child Matters outcomes. It also supports children and young people at risk and their families to safeguard them from harm. In addition, appropriate support is provided to looked after children to enable them to fulfil their potential.

Children's Social Care works with all children and young people requiring a service. Children, young people and their families must have been previously offered a common assessment before being referred to social care unless they are at risk.

The Sexual Health Development Officer's role is to support professionals and carers to access information and support to enable them to support looked after children and other vulnerable young people in relation to their sexual health. This includes the development of organisational policy and good practice, partnership work with local agencies and the development of targeted projects to meet specific needs.

The Sexual Health Development Officer mainly supports Social Care professionals and carers of looked after children aged 10 and above. This remit however is flexible and a key function is to support early intervention and access to services for young people at risk of poor sexual health, sexual exploitation and teenage pregnancy and parenthood.

## Citywise

*Contact details for service users and professionals:*

Citywise,  
1st Floor, No 1, Eastgate  
Leeds, LS2 7LY  
0113 295 4820

*The Service we offer and who we support:*

This is a young people's clinic which has youth workers and nurses on site and is our only service open Saturdays. It offers free Chlamydia testing, free pregnancy testing and free condoms (C-Card). It offers all different types of contraception including emergency contraception and also long acting contraception such as implants, IUDs etc. All these services are FREE.

For an appointment call 0113 295 4820 or just drop in during clinic times (appointments are not needed).

Opening times

Monday 1pm – 4.30pm

Tuesday, 9:30 – 5pm

Wednesday 11:30 – 7pm

Thursday 11:30 – 7pm

Friday 9.30am – 5pm

Saturday 12 noon – 3:30pm

Offers a service for under 25s ONLY.

Check [leedssexualhealth.com](http://leedssexualhealth.com) for up to date clinic times as they can change.

## Connexions

### *Contact details for service users and professionals:*

The Connexions Centre, Eastgate, Leeds LS2 7LY

Tel: 0113 226 2180

Email: [connexions.leeds@prospects.co.uk](mailto:connexions.leeds@prospects.co.uk)

<http://www.connexions.gov.uk/>

### *The Service we offer and who we support:*

Connexions is for you if you are 13-19, living in England and wanting advice on getting to where you want to be in life. It also provides support up to the age of 25 for young people who have learning difficulties or disabilities (or both).

The service is managed locally by your Local Connexions Service which brings together all the key youth support services.

Young people can speak to Connexions Advisers who work in Local Connexions Services.

They can give you information, advice and practical help with all sort of things that might be affecting you at school, college, work or in your personal or family life.

They can also refer young people to a specialist support if it is needed such as the Specialist Teenage Pregnancy PAs.

## Connexions Specialist Teenage Pregnancy PAs

*Contact details for service users and professionals:*

- |     |                 |  |
|-----|-----------------|--|
| (a) | Sara Mackins    | 07738212053                            |
| (b) | Josie Hoy       | 07738212069                            |
| (c) | Wendy Farrar    | 07545604085 or landline (0113) 2262180 |
| (d) | Catherine Field | 07545604087 or landline (0113) 2262180 |
| (e) | Pam Whittam     | 07545604088 or landline (0113) 2262180 |

*The Service we offer and who we support:*

Care to Learn forms may be completed by suitably experienced PAs working with young parents in Leeds. For intensive support for teenage parents, or for help completing the C2L application, PAs may refer (with consent) to the following Connexions Advisers:

If the young parent is interested in accessing or is currently attending Park Lane College or Joseph Priestley College or if the young parent is unsure of which college they wish to access and live in the south or west of the city then see Connexions Specialist Pas contact (a) above for details.

If the young parent is interested in accessing or is currently attending either, Thomas Danby College, College of Technology, Notre Dame, Leeds college of Art and Design, Leeds college of music, or the Building College or the young parent is unsure of which college they wish to access and live in the east or north of Leeds then see Connexions Specialist Pas contact (b) above for details.

If the young parent is interested in or about to access a training opportunity then see Connexions Specialist Pas contact (c), (d) and (e) above for details.

If a young parent is interested in seeking employment opportunities or has started work (over 16 hours employment) and they require financial support to assist with childcare costs. In the first instance see Connexions Specialist Pas contact (c), (d) and (e) above for details. They would refer on to the lone parent advisers at the job centre who would support with a claim for the child care element of tax credits. For more details, or for information on C2L in informal training settings, go to [direct.gov](http://direct.gov) or visit the Connexions Centre.

## Family Nurse Partnership

### *Contact details for professionals:*

For more information or to refer someone to the programme, please email [lucinda.love@nhsleeds.nhs.uk](mailto:lucinda.love@nhsleeds.nhs.uk)

### *The Service we offer and who we support:*

The NHS Leeds Family Nurse Partnership, an intensive family support and home visiting programme is now up and running in Leeds.

The Family Nurse Partnership (FNP) is funded by the Department of Health and will recruit up to 150 first time mothers, under the age of 19 to take part in the two year programme.

Each participant will be supported by one of six specially trained nurses, who will deliver a structured programme of learning and support, beginning in early pregnancy up until the child is two years old. Nurses will build close, supportive relationships with families and guide first time parents to build on their own strengths and hopes for the future, to adopt healthier lifestyles, develop their parenting skills and build their confidence to be self-sufficient.

The FNP has been trialled in America and has shown to:

- Reduce smoking in pregnancy
- Encourage greater intervals between and fewer subsequent births
- Reduce accidents
- Reduce child abuse and neglect
- Improve language development in children
- Increases employment
- Encourage a greater involvement of fathers

The team, led by Lucy Love and based at Parkside Health Centre is now recruiting young mums and dads from across the city.

Lucy says: “During a mother’s first pregnancy there is a strong desire from the mother that her baby will be healthy and have future success. We are going to be building on their strengths to help these parents achieve this dream and support them to be the best parents they can be.”

## Foundation Housing – Grove

*Contact details for service users and professionals:*

Foundation  
Tennant Hall  
Blenheim Grove  
Leeds LS2 9ET  
Tel: 0113 303 0220  
Email: [leeds@foundationhousing.org.uk](mailto:leeds@foundationhousing.org.uk)  
[www.foundationhousing.org.uk](http://www.foundationhousing.org.uk)

*The Service we offer and who we support:*

Foundation is a charity working with the kind of people that society sometimes ignores: offenders, the homeless, women who are victims of domestic abuse and young people at risk.

Whether its support to manage a tenancy, find a job, tackle drug addiction or improve family relationships, Foundation help individuals overcome all kinds of challenges so they can realize their potential and become a part of their community.

Working with a host of agencies and organizations, Foundation have a reputation for transforming troubled lives and for the enthusiasm, commitment and quality of service which have made them the largest organization in Yorkshire and Humberside providing essential services to socially excluded groups.

Foundation provide a range of housing support services for young people across the North of England. They deliver housing support to young single homeless, teenage parents, young offenders and care leavers. In Foundation's care leaver services they provide "taster flats" giving young people a chance to experience independent living in a safe way. They also deliver Information Advice & Guidance services for young people as well as in all their services for young people they work closely with Housing Options, Children's Services and Youth Offending Teams to maximize outcomes for customers.

## Getaway Girls

*Contact details for service users and professionals:*

For more information please contact 0113 2405894 or email:  
[lianne.dobson@getawaygirls.co.uk](mailto:lianne.dobson@getawaygirls.co.uk)  
[camille.johnson @getawaygirls.co.uk](mailto:camille.johnson@getawaygirls.co.uk)

*The Service we offer and who we support:*

Getaway Girls enables young women to build confidence, develop new skills and take positive risks in an environment which offers co-operation and support. This is achieved using an innovative combination of activities. These include adventure education, creative arts and issue based group work to encourage everyone to reach their full potential. A varied array of additional support is offered to young women and young mums from across the city.

## Gipsil

*Contact details for service users and professionals:*

Gipsil  
Brander Street Office and Drop In  
Tel: 0113 2481301  
[www.gipsil.org.uk](http://www.gipsil.org.uk)

*The Service we offer and who we support:*

Among many other services GIPSIL offers supported accommodation to young parents and their children (dads as well as mums). They also offer floating support which enables them to reach young parents and their families who already have a tenancy but would benefit from support. This can be up to a maximum of two years depending on individual support needs.

It's a scary time for young parents to start up on their own, especially with little or no family support. Having the opportunity to have a supported tenancy enables the individual to gain confidence in themselves to be a parents, manage a 'home' and learn new skills. This has proved for many, to be a success and paves the way for successful independent living.

## Health Visiting Service

*Contact details for professionals:*

See [www.leedspct.nhs.uk/yourhealth](http://www.leedspct.nhs.uk/yourhealth) for more details.

*The Service we offer and who we support:*

### Leeds Health Visiting Service

Health visiting teams are located across the city. Health visitors will normally visit you when your baby is born and then follow your child until they start school. Their role is to work with families as well as the wider local community, promoting healthy lifestyles and addressing concerns about physical and mental well being

### What is a health visitor (HV)?

- Health visitors are qualified midwives or nurses with additional specialist training and experience in child health, health promotion and education.
- HVs are part of the primary health care team made up of GPs, midwives, practice nurses and district nurses
- HVs can be involved in a variety of work like Well Baby Clinics, baby massage sessions, breastfeeding groups, sleep clinics and parenting groups
- We work with individuals and families and the community to promote healthy lifestyles and prevent people becoming ill
- We are here to support parents and carers by sharing information about everyday childhood difficulties such as teething, feeding and behaviour

Health Visiting teams may include health visitors, nursery nurses, health visiting assistants and clerical support. HVs or team members may:

- Visit you in your home by appointment
- See you in a clinic or health centre
- Provide information about local support networks to help with parenting
- Direct or refer you to another agency or organisation
- Help you to learn and understand your baby's development and needs
- Develop a programme of support and intervention adapted to your needs

## Job Centre Plus

*Contact details for service users and professionals:*

A list of Job Centre + Offices in Leeds can be found at <http://www.jobcentreguide.co.uk/offices/25-leeds.html>

*The Service we offer and who we support:*

If a young person is Under 18 pregnant and before 11 weeks from having the baby, they can make a severe hardship claim. If they are fit for work they claim JSA hardship or Income Support dependant on health issues. If they are living at home with their parents, the parent claims for a Child Benefit extension period and tax credit.

If they are within 11 weeks of the birth and estranged they will automatically go onto income support. If they live at home the above will apply and the parents will claim for them until the baby is born.

In all cases they will see an Under 18 Advisors to provide support – they have a robust link to connexions that have a programme – young parents to be, and through this they will be entitled to Education Maintenance Allowance (EMA). The U18 staff have a close working relationship with connexions and meet on a regular basis.

## Leeds Housing Options Service

*Contact details for service users and professionals:*

Leeds Housing Options Service,  
1st Floor, 2 Great George Street  
Tel: 0113 222 4412  
Email: [housing.options@leeds.gov.uk](mailto:housing.options@leeds.gov.uk)

*The Service we offer and who we support:*

Refer with consent to Leeds Housing Options Service. Leeds Housing Options is the main port of call for housing, homelessness and accommodation issues in the city. They will provide customers with a range of housing options to meet their needs such as details of supported housing services available to teenage parents/young people, specific homelessness prevention services such as the Mediation Service, and general housing assistance.

If a customer is homeless or threatened with homelessness, they will be able to look at appropriate options to prevent homelessness occurring, provide them with a homelessness assessment and award them with an appropriate level of priority on the Leeds Homes Register so they are able to apply for social housing, and provide them with temporary accommodation.

If a customer needs assistance regarding a Council property then signpost to their local housing office/one stop centre. They will be able to assist people to apply for housing, bid for properties, request an assessment of their housing needs, or seek help or report issues with regards to their Council property.

Specific Supporting People commissioned housing related support services for teenage parents:

Renew – Teenage Parents Floating Support Service

Gipsil – Accommodation Based and Floating support Teenage Parents Service in LS9

Foundation – Grove Lone Parents Service Floating

## Local Pharmacy Scheme

*Contact details for service users and professionals:*

A full list can be found at [www.leedssexualhealth.com](http://www.leedssexualhealth.com) or you can download a leaflet containing all of the details here: [http://www.leedssexualhealth.com/file\\_download/1/Sexual+health+services+fly.pdf](http://www.leedssexualhealth.com/file_download/1/Sexual+health+services+fly.pdf)

*The Service we offer and who we support:*

All the pharmacies listed on [leedssexualhealth.com](http://leedssexualhealth.com) provide free emergency contraception (morning after pill), free Chlamydia tests, and free pregnancy tests to the under 25s.

If you experience any problems with these services, please call PALS (Patient Advice Liaison Service) 0800 052 5270.

If the pharmacy area is busy and it is not easy to talk about your sexual health, ask to speak to the pharmacist in the private consultation area.

## Midwife Direct Access Hotline

*Contact details for service users:*

**07748334007**

*The Service we offer and who we support:*

Women in Leeds can call one central number to contact a midwife directly under the new direct access hotline.

The new phone line will ensure women from across the city can access vital information and support during their pregnancy, quickly and easily.

It is important for women to see a midwife as early in their pregnancy as possible, because early contact with a midwife can help women to make choices about their pregnancy and ensure the best start in life for their babies.

The midwives are able to provide lots of information about topics such as healthy eating, taking folic acid and even help arrange some extra support to help stop smoking.

By calling the direct number, women can access services quicker, ensuring they can make the most out of the antenatal care available to them.

This service is particularly useful for those young women who may not be registered with a GP.

Lines are open 9am-4pm, Monday to Friday.

## NHS Walk In Centres

*Contact details for service users and professionals:*

The Light,  
The Headrow,  
Leeds,  
West Yorkshire,  
LS1 8TL  
Tel: 0870 818 0003

*The Service we offer and who we support:*

We treat minor illnesses and minor injuries. Our team includes experienced nurses, a GP and a physiotherapist. No appointment is necessary and you don't need to be registered with a GP. The centre complements existing local services. It is not intended to replace local GP or hospital services.

Opening Hours: Monday to Friday 7am to 7pm. Closed on Christmas day, boxing day and new years day.

## One Stop Centres

### Contact details for service users and professionals:

Information about the 15 one stop centres can be found at [http://www.leeds.gov.uk/Advice\\_and\\_benefits.aspx](http://www.leeds.gov.uk/Advice_and_benefits.aspx) where you can download contact details and location maps.

Alternatively, email [general.enquiries@leeds.gov.uk](mailto:general.enquiries@leeds.gov.uk) for more details.

### *The Service we offer and who we support:*

The Customer Services section of Leeds City Council is made up of the corporate contact centre, one stop centres, the welfare rights unit, the central interpreting and translation unit and the Braille and large print unit.

There are 15 one stop centres across Leeds where you can get advice on a range of services face to face. The centres work with a variety of partners to bring you the services you need locally and they are accredited with Charter Mark, the governments' standard for excellence in customer services.

Customer service officers can help with enquiries about council tax bills and benefits, housing tenancy issues, benefits for people on a low income, help from social services for older people, disabled people, children and families, and more.

You can also report race and homophobic hate incidents at a one stop centre rather than a police station. They work with West Yorkshire Police, Leeds Racial Harassment Project, and Yorkshire MESMAC (sexual health project).

## Renew – Archway

*Contact details for service users and professionals:*

Archway  
95 Roundhay Road  
Leeds  
LS8 5AQ  
Tel: 0113 383 3900  
Email: [arc@archway-leeds.org.uk](mailto:arc@archway-leeds.org.uk)  
<http://www.archway-leeds.org.uk/>

*The Service we offer and who we support:*

Archway provides support to young people aged 16-25. We work with young people all over the city, and our resource centre is on Roundhay Road. Based here are Counsellors, Careers Advisers, Housing Support Workers, Connexions P.A.s, and Young People's Support Workers who facilitate groups and activities in the centre as well as offering a listening ear.

A mum's group called 'Miss Conceived' runs every Wednesday, 1.30 – 3.30pm. A crèche is available.

Archway employs Teenage Housing Support Workers who support young mums, and pregnant teenagers, aged between 16 and 19 in their own tenancies across Leeds.

The young people officially receive support once they have signed up for the tenancy, although often pre-tenancy work is required. Young people often get into debt because after paying essential utility bills there is often not much left for food. Often, self-esteem is very low and sometimes many attempts are made at re-entering education or the work place, which is compounded by childcare problems.

Archway has a resource centre comprising of a drop in service for anyone aged between 16 and 25. The resource centre also includes an IT suite, sound recording studio, laundry, shower and kitchen facilities and a crèche. Members can also see a Counsellor, Careers Workers and Advice Worker.

## School Nursing

### *Contact details for professionals:*

Sally Norfolk, Operational Team Leader  
Tel: 0113 3055247

### *Contact details for service users:*

Individual School Nursing Teams based in Clinics and Health Centres around the city. For school aged children attending school via school.

Name	Base	Postcode	Email	Phone No
Jane Wallington	Halton Clinic		<a href="mailto:jane.wallington@nhs.net">jane.wallington@nhs.net</a>	2951906
Jackie Adams	Seacroft Clinic	LS14 6PF	<a href="mailto:jackie.adams2@nhs.net">jackie.adams2@nhs.net</a>	2951074
Elaine Copley	Seacroft Clinic	LS 14 6PF	<a href="mailto:elaine.copley@nhs.net">elaine.copley@nhs.net</a>	2951074
Sue Brady	Chapelton Health Centre	LS7 4BB	<a href="mailto:susan.brady@nhs.net">susan.brady@nhs.net</a>	2951034
Anne Connor	East Leeds Clinic	LS9 6NG	<a href="mailto:anne.connor@nhs.net">anne.connor@nhs.net</a>	2951490
Pat Draper	Woodhouse Health Centre	LS6 2SF	<a href="mailto:particia.draper@nhs.net">particia.draper@nhs.net</a>	3059032
Jackie Tasker	Leaffield Clinic	LS17 5BP	<a href="mailto:jacqueline.tasker@nhs.net">jacqueline.tasker@nhs.net</a>	2951717
Mary Sanders	Yeadon HC	LS19	<a href="mailto:mary.sanders@nhs.net">mary.sanders@nhs.net</a>	3050326
Julie Walton	Bramley Clinic	LS13 3EJ	<a href="mailto:julie.walton@nhs.net">julie.walton@nhs.net</a>	2951556

### School Nursing continued...

Name	Base	Postcode	Email	Phone No
Susan Thorpe	Rothwell Health Centre	LS26 0JD	<a href="mailto:susan.thorpe@nhs.net">susan.thorpe@nhs.net</a>	2014344
Cathy Jack	Middleton Clinic	LS10 4HT	<a href="mailto:cathy.jack@nhs.net">cathy.jack@nhs.net</a>	2077027
Kathy Goodwin	Morley Health Centre	LS27 9NB	<a href="mailto:kathy.goodwin@nhs.net">kathy.goodwin@nhs.net</a>	2954628
Karan Delaney	Morley Health Centre	LS27 9NB	<a href="mailto:karan.delaney@nhs.net">karan.delaney@nhs.net</a>	2954628

### *The Service we offer and who we support:*

It is a universal service for all school aged children and young people. We aim to promote health and wellbeing to enable them all to reach their full potential. We support schools to provide a healthy environment and to promote health via the Health Schools Programme and through the PSHE/SRE curriculum. We identify health needs at population and individual level and offer advice and support to children/young people and their families who have health needs. We work closely with other agencies such as Youth Services, Social Care and Voluntary agencies.

All School aged children/young people and their families who attend Leeds schools or live in the Leeds area are supported by the school nurses.

## Health Initiatives and Wellbeing Team – Teenage Pregnancy and Parenthood, Education Leeds

*Contact details for service users and professionals:*

If you would like to refer a school age parent or parent-to-be for support, contact:

Carole Gillan, Reintegration Officer

Tel: 0113 3951214

Email: [carole.gillan@educationleeds.co.uk](mailto:carole.gillan@educationleeds.co.uk)

*The Service we offer and who we support:*

The Health Initiatives and Wellbeing Team, Teenage Pregnancy and Parenthood, consists of six specialist learning mentors, including a school age father's specialist and three nursery officers, who are line managed by a reintegration officer. The team has two aims: to provide support to school age parents, their families and schools to make sure these young people can remain in education; and to support schools with teenage pregnancy prevention work.

The specialist learning mentor's role is split into two main parts. The first part involves working with school age parents or parents-to-be who are referred by schools or the teenage pregnancy midwives. The specialist learning mentors build a relationship with the young person and their family to encourage him or her to remain in education, and where possible remove any barriers to accessing education, training or employment. They liaise with schools and other workers, including social workers and health professionals helping to secure childcare, referring to other agencies for support, and forging links with further education and training providers. They make sure that when young parents make the transition from school, they are still supported. The work is assisted by the nursery officers who offer input on parent craft skills and confidence-building, and securing appropriate childcare provision.

The second role of the team is supporting schools with teenage pregnancy prevention work, for example, helping to staff some of the healthy young people's services and offering support to schools around pregnancy choices.

## Teenage Pregnancy Specialist Midwives Service

### *Contact Details for service users and professionals:*

**Natalie Walker Tel: 07796614116**

**Contact Natalie for any cases relative to these postcodes:**

**LS 1- 4, 5- 7, 10-13, 16-17, 22-24, 27-29, WF3 & BD10**

**Emma Dooks Tel: 07786250507**

**Contact Emma for any cases relative to the following postcodes:**

**LS 8-9, 14-15, 18-21, 25-26 &WF10**

### *The Service we offer and who we support:*

**We provide all ante natal and post natal care to pregnant teenagers aged 16 years and under and their partners. All care is at a venue of their choice (usually home), with after school/college appointments, incorporating the whole family especially partners.**

**We offer continuity of care and carer and sign post to relevant teenage friendly services only. We cover the whole of Leeds and some surrounding areas if they have booked at a Leeds hospital.**

**We support about 130-150 young parents a year and the cases that stand out are the more vulnerable teenagers in children homes that get the help and support they need from us and other agencies and show promise of becoming good parents with a positive future.**

## The Include Project

### *Contact details for service users:*

Tel: (freephone for young women) 0808 808 4444

Email: [include@womenshealthmatters.org.uk](mailto:include@womenshealthmatters.org.uk)

### *Contact details for professionals:*

Tel: (worker's helpline) 0113 201 6699

### *The Service we offer and who we support:*

Include provides support, information and advice to teenagers up to age 19 in Leeds who are pregnant, who are mothers or think they may be pregnant.

This is done in two ways:

one to one support, tailored to the young women's individual needs, to help them with such matters as Housing and Benefits as well as finding support in areas like healthcare, parenting skills, education and child care. However, we will try and support on whatever issue the young women feel they need support or help with.

personal support and advice for teenagers who discover that they are pregnant, to help them make well-informed decisions.

We also have an ante natal group for young women who don't want to attend the usual groups for older women. It runs on Friday morning, between 11am and 1pm in the city centre and we can arrange transport.

Include also has a helpline for professionals working with young mums, or the families of young women. So if you are working with young parents and have any questions, please feel free to get in touch. For more information about this service and our young mums group please contact Nicola/Shona at: [admin@womenshealthmatters.org.uk](mailto:admin@womenshealthmatters.org.uk)

Include has also carried out research into domestic violence and young mums. ([download more information](#)). A resource pack has been developed as a result of this research to work with young women on healthy relationships. (For more info. [download the Bursting the Bubble flier](#))

## The Market Place

*Contact details for service users and professionals:*

The Market Place  
28 Kirkgate  
Leeds  
LS2 7DJ  
Tel: 0113 2461659  
[www.themarketplaceleeds.org.uk](http://www.themarketplaceleeds.org.uk)

*The Service we offer and who we support:*

The Drop-In offers information and support on any issue that may be affecting you. If we cannot help you directly we will try to give you details of other organisations that can.

We can offer support which is informal, non-judgemental and confidential and all our services are free.

The Drop-In also gives out free condoms as part of the C-Card Scheme, and offers free Chlamydia Testing and Pregnancy Testing. You just need to ask one of the workers about these services when you come in.

We understand it can sometimes be quite hard to access our Drop-In for the first time but unfortunately there is no waiting area for adults or other workers. We will ask any adults to wait outside for you so the Drop-In space feels like a comfortable environment for all young people who use it.

The Drop-In is open to all young people aged between the ages of 13-25. We are open 5 days a week at different times of the day

- Monday CLOSED
- Tuesday 2-6
- Wednesday 12-4
- Thursday 1-5
- Friday 12-4
- Saturday 11-3

## Youth Point

*Contact details for service users and professionals:*

**Youth Point**

**The Cardigan Centre**

**145 – 149 Cardigan Road**

**Leeds**

**LS6 1LJ**

**Tel: 0113 274 9959 or 0113 278 7182**

**Email: [youthpoint@cardigancentre.org.uk](mailto:youthpoint@cardigancentre.org.uk)**

**Website: [http://www.cardigancentre.btik.com/p\\_Youth\\_Point.ikml](http://www.cardigancentre.btik.com/p_Youth_Point.ikml)**

*The Service we offer and who we support:*

Youth Point aims to empower and support young people so that they can make informed decisions to aid their transition into adult life. Working with young people aged between 13 and 19/25, services provided include:

- Youth work programme 6 evenings a week
- Information drop in services
- Individual support work
- Group work
- Sexual health support
- Workshops, programmes and training
- Accredited learning for 14 - 16 year olds
- Alternative curriculum programme
- Steps to employment training
- Volunteer opportunities

## Leeds City Council Youth Service

### *Contact details for professionals:*

Central Administration Tel: 0113 2243796

### *Contact details for service users:*

#### Local administration bases

North East: 0113 2145847

East: 0113 2243125

North West: 0113 2144673

West: 0113 2475656

South: 0113 3855601

City Centre: 0113 2243796

### *The Service we offer and who we support:*

Leeds Youth Service offers a voluntary relationship with young people where they can explore their identity, increase levels of confidence, and develop interpersonal skills in a safe, fun, social learning environment.

Leeds Youth Service provides opportunities for young people to develop skills through informal learning. Youth Workers support young people to make positive choices and to find solutions to problems. Young people are encouraged to be active citizens and to be aware of their rights and responsibilities.

The Youth Service works primarily with young people aged 13-19 years, but extends the work to include young people aged 11-25 years where there is identified extra need or risk. The Youth Service works with young people of all abilities, male and female, various social, ethnic, cultural and racial backgrounds, and of different sexualities. The Youth Service works in a variety of settings including:

- Youth Centres
- Mobile vehicles used on location and street work
- Schools and voluntary sector buildings
- Sports and arts organisations
- Residential centres

## YSHAG

*Contact details for service users and professionals:*

Visit Citywise for more information or contact:

Stacey Robertson, Youth Worker

[Stacey.Robertson@leeds.gov.uk](mailto:Stacey.Robertson@leeds.gov.uk)

*The Service we offer and who we support:*

YSHAG (Young sexual health action group) is a group run by young people and youth workers of Leeds who work to promote sexual health in Leeds.

YSHAG offer consultancy to projects, develop resources, offer training and sessional work and are key in the delivery of condom provision for young people in Leeds. YSHAG have their own constitution and have members sitting on the multi-agency Teenage Pregnancy and Parenthood Partnership Board. Involvement with YSHAG has led to some previously disengaged young people accessing college courses and becoming Connexions participation workers, and for two young people has led on to youth work appointments within the health education team. The Group have also completed a one year mystery shop of sexual health services in Leeds, making positive suggestions for change and highlighting areas of good practice.