

Welcome to the fourth edition of the teenage pregnancy and parenthood newsletter.

You can now view a wealth of information and resources, including this newsletter and all previous editions, at: www.leedsinitiative.org/teenagepregnancyleeds.aspx.

The care pathway is now online!

The Leeds teenage pregnancy and parenthood integrated care pathway is now available at: www.leedsinitiative.org/teenagepregnancyleeds.aspx

The pathway is available in two formats: the first is an interactive version which uses simple questions to identify a young person's needs and gives appropriate advice; the second is a printed version for workers who do not have regular access to a computer.

In addition to the pathways, there is a great deal of other useful teenage pregnancy related information and resources, including:

- an introduction to why teenage pregnancy matters;
- an outline of the Teenage Pregnancy and Parenthood Partnership Board, including the latest minutes;
- latest newsletter and locality updates;
- local and national service contact details; and
- links to useful documents, both strategic and practical.

Work is ongoing and we hope to include other items such as an up-to-date news feed and case studies as well as improving the overall look of the pages in the near future. Until then, please visit the site, look at the care pathway and recommend it to your colleagues.

The care pathway is a working document so if you have any suggestions on how to improve it please contact us at: teenage.pregnancy@leeds.gov.uk

SRE case study: The South Leeds Academy, March 2010

The South Leeds Academy has seen a transformation this year in their sex and relationships education (SRE) provision. The academy has moved from a long standing drop-down day delivery model, where the school timetable was collapsed for five days a year to deliver PSHE and SRE, to a combination of specialist teachers and trained form tutors now delivering SRE with impartial and co-ordinated external agency support in place.

This year, the academy appointed an assistant principal, Louise Solden, to co-ordinate PSHE, and she has been instrumental in bringing about these positive changes. Since taking on this new role, Louise has enlisted support from the secondary PSHE consultant at Education Leeds who has helped her to plan the way forward. Louise was well aware that her staff could have the greatest impact on the academy students, with ongoing, positive relationships with those young people. Having the keen support of the learning leader in science, the SRE curriculum including relationships is now delivered by the science faculty at Key Stage

3. A staff questionnaire was also designed so that Louise could consult with her form tutors at Key Stage 4 to see who would be interested in delivering SRE. She had an overwhelmingly positive response.

Training for staff around two particular areas – contraception and signposting to services, was then arranged using the multi-agency SRE training team in order to give staff greater skills and increase their confidence to deliver this material. The school nurse was also invited to take part in the training and to remind academy staff of the role of the Healthy Young People Service (HYPS) already on site at the academy. These two approaches, coupled with external agency support around key SRE areas, are working well at the academy.

After the inner south SRE task and finish sub group looked at sex and relationships education in schools, Louise and the school nurse spoke with enthusiasm about responses from staff delivering and young people receiving SRE in the academy. It was uplifting to hear news that the numbers for young people attending the HYPS clinic rose significantly after staff began to deliver the SRE lessons in school.

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Free child home safety check for all parents with children under five

The Royal Society for the Prevention of Accidents (RoSPA) is working with the Early Years Service to offer free child home safety assessments to parents. As well as benefiting from practical advice, some families may qualify for some free child safety equipment.

To qualify, a family member must be a parent of a child under five and receive one of following benefits.

- Income support.
- Job seeker allowance.
- Income Based Support and Employment Allowance.
- Tax Credits – receive tax credit and valid NHS tax exemption certificate.
- Disability Living Allowance care or mobility component for a disabled child.
- Housing Benefit.
- Council Tax Benefit (not council tax discounts).

All children's centre's have had staff trained to carry out the child safety assessment. For details about a family's local children's centre, contact Family Hub Leeds on 0113 247 4386. If the family is already attending a centre please ask the manager for more details.

Abortion services in Leeds – changes from April 2010

Young women in Leeds eligible for NHS treatment can now self-refer into an abortion service. This means they no longer have to go to their GP or a Contraception and Sexual Health Service to be referred.

The following services can support young, pregnant women.

- **BPAS**
Phone: 08457 304030
(available 24 hours, seven days a week)
Visit: www.bpas.org
- **Fertility Control Unit (FCU)**
at St James' Hospital
Phone: 0113 206 7135
(Monday to Friday)

- **Marie Stopes International (MSI)**
Phone: 0845 300 8090
(24 hours, seven days a week)
Visit: www.mariestopes.org.uk

From these services, women can expect:

- an appointment for consultation within five working days of calling the service;
- an appointment for procedure within two weeks of calling the service; and
- a consultation to discuss future contraception needs.

Additionally, for young women under the age of 19, support with pregnancy choices is available from **Include** (Women's Health Matters), phone: 0808 808 4444.

SRE case study: The South Leeds Academy, March 2010

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We also heard that young men were coming into the after-school clinic asking for specific sexual health services, like C-swap, a direct result of the lessons being delivered. It's good to hear that the SRE provision is meeting the needs of those young people.

Keys to success for improving SRE provision at The South Leeds Academy.

- Strong senior leadership support.
- Overall strategic plan for the delivery of SRE.
- Acknowledgement from the school that staff need training in order to increase skills and feel more confident to deliver SRE.
- Good communication and co-ordination of services.
- A co-ordinated approach of the external agency contribution to support SRE delivery.

Teenage Pregnancy Strategy: Beyond 2010

On Wednesday 24 February the DCSF and the Department of Health jointly published Teenage Pregnancy Strategy: Beyond 2010, outlining current best practice and provisional ideas for future work.

Representatives of the Leeds Teenage Pregnancy and Parenthood Partnership have met to discuss a response. If you would like to respond to the consultation you can do so online before Thursday 20 May 2010.

[Click here](#) to view and respond to the consultation

FNP referral pathway extension

The referral pathway to the Family Nurse Partnership (FNP) programme has now been extended to the end of June 2010, which is brilliant news.

If you have any referrals, or would like to speak to anyone about this, please contact either Lucy Love, phone: 0113 295 2884 or 07506 746061, or Jane Hayes, phone: 07958 30540.

If you would like to contribute to this newsletter, or if you have any questions, please email: teenage.pregnancy@leeds.gov.uk