

Teenage pregnancy and parenthood newsletter

Edition 1
September 2009

What's coming up?

South:

Raising Aspirations task and finish group

Monday 12 October,
9.30 to 11.30am
Venue tbc

Reducing infant mortality through better access to housing

Saturday 10 October, morning
Hillside Health Centre

East:

Sex and relationships task and finish group

Wednesday 14 October,
10am to 12noon
Elmete Annex, Meeting Room 1

Access to contraceptive services task and finish group

Wednesday 21 October,
9.30 to 11.30am
John Smeaton Community College

Please visit:

www.leedssexualhealth.com
www.thefamilyhubleeds.org
www.ruthinking.co.uk
www.fpa.org.uk
www.leedspathways.org.uk

Useful documents to read:

Leeds Teenage Pregnancy and Parenthood Strategy
Teenage pregnancy next steps
Teenage parents next steps
Increased Sexual Health Service

Visit Children Leeds for further news and updates. If you would like to contribute to the teenage pregnancy and parenthood newsletter, please send your suggestion to:
gavin.pheasant@educationleeds.co.uk

I welcome initiatives that help partners share information and work together more effectively on our key priorities. So I'm pleased to be introducing the first edition of the new teenage pregnancy and parenthood newsletter where you will find the latest news, updates and information about teenage pregnancy and parenthood work across Leeds.

Each bi-monthly edition will focus on a particular service within the field, and provide progress updates on the work happening in the priority areas of the city.

In the coming months there will be changes to the teenage pregnancy

sections of the Children Leeds and The Family Hub websites, providing links to the new integrated care pathway recently developed by the Teenage Pregnancy and Parenthood Partnership. I hope you will find these new and significant developments helpful in continuing your committed support of young people in Leeds.



A handwritten signature in black ink that reads "Stewart Golton".

Councillor Stewart Golton
Executive lead member for children's services

A big welcome to...

Paul Bollom – Paul joined Children Leeds in September as the new priorities outcome commissioner after four years developing and managing CHIVA (Children in Vulnerable Accommodation).

Jane Street – Jane is a contraceptive and sexual health nurse who will be working in further education colleges, including Leeds City College and Joseph Priestley College. Jane will make sure students have easy access to contraception.

Read more about Paul and Jane on our new website.

Keep an eye out for...

The teenage pregnancy and parenthood integrated care pathway;

The midwives direct access hotline: **07748 334 007**

A new teenage pregnancy and parenthood section within the Children Leeds website: www.leedsinitiative.org/children

The Terrence Higgins Trust Young Leaders grant:
www.tht.org.uk/youknowyou

A new term

The focus is on services offering support to the young parents returning to education.

Care to Learn

Care to Learn gives financial support to teenage parents who want to continue their education or training and need help with the cost of their childcare. For further information please contact Sara Reilly, phone: 07891 270550 or email: sara.reilly@leeds.gov.uk

Children's centres

Children's centres across Leeds offer a number of services to children, young people and their families. For information and contact details for children's centres go to: <http://www.leedschildrencentres.org>

Who to contact for advice and support

For intensive support for teenage parents, referrals may be made, with consent to the following Connexions specialist personal advisors.

- If the young parent is interested in accessing college and live in the south or west of the city, contact Sara Mackins, phone: **07748 334 007**
- If the young parent is interested in accessing college and live in the East or north of the city, contact Josie Hoy, phone: **07738 212 069**
- If the young parent is interested in accessing a training opportunity please phone: **0113 226 2180**

Health initiatives and wellbeing team, teenage pregnancy and parenthood, Education Leeds

The health initiatives and wellbeing team, teenage pregnancy and parenthood, consists of six specialist learning mentors, including a school age father's specialist and three nursery officers, who are line managed by a reintegration officer. The team has two aims: to provide support to school age parents, their families and schools, to make sure these young people can remain in education; and to support schools with teenage pregnancy prevention work.

The specialist learning mentor's role is split into two main parts. The first part involves working with school age parents or parents-to-be who are referred by schools or the teenage pregnancy midwives. The specialist learning mentors build a relationship with the young person and their family to encourage him or her to remain in education, and where possible remove any barriers to accessing education training or employment. They liaise with schools

and other workers, including social workers and health professionals, helping to secure childcare, referring to other agencies for support, and forging links with further education and training providers. They make sure that when young parents make the transition from school, they are still supported. This work is assisted by the nursery officers who offer input on parent craft skills and confidence-building, and securing appropriate childcare provision.

The second role of the team is supporting schools with teenage pregnancy prevention work, for example, helping to staff some of the healthy young people's services and offering support to schools around pregnancy choices.

If you would like to refer a school age parent or parent-to-be for support, please contact Carole Gillan, reintegration officer phone: **0113 395 1214** or email: carole.gillan@educationleeds.co.uk

Locality update

There are three teenage pregnancy task and finish groups operating in the inner east, and another three in the inner south. These address the following themes:

- Raising aspirations;
- Sex and relationship education; and
- Access to contraceptive services.

You are welcome to come and join us. The task and finish groups are helping to inform local action and

commissioning plans, with a particular focus on the teenage conception 'hotpockets' within the 'hotspot' wards. Plans include changes within the local contraceptive services to ensure provision in 'hotpocket' areas and targeted training opportunities for the children's workforce in the east and south. For task and finish group details please contact: jenny.midwinter@educationleeds.co.uk